

Rabbi Alan Cook

Rabbi Emeritus Norman Klein Rabbi Emeritus Isaac Neuman Z"L

OFFICE HOURS
M-F, 9:00 AM-4:00 PM
3104 W. Windsor Rd
Champaign, IL 61822
(217) 352-8140
www.sinaitemplecu.org

May Bulletin w/Insert 2018

Schedule of Services

FRIDAY, MAY 4

5:30 PM First Friday Erev Shabbat

Service followed by dinner

FRIDAY, MAY 11

7:30 PM Erev Shabbat Service

SATURDAY, MAY 12

10:00 AM Egalitarian Traditional Minyan

FRIDAY, MAY 18

5:30 PM Shabbat Rocks!/Next Dor

7:30 PM Erev Shabbat Service

SATURDAY, MAY 19

10:00 AM Confirmation Erev Shavuot

MONDAY, MAY 21

10:00 am Egalitarian Traditional Minyan 2nd day Shavuot

FRIDAY, May 25

7:30 PM Erev Shabbat Service

SATURDAY, MAY 26

10:00 am Emma Donnini Bat Mitzvah

OFFICE CLOSED

Monday, May 21 for Shavuot

Monday, May 28 for Memorial Day



We Remember

***See Insert for additional Temple announcements and letter from the Renovation Committee



Join us on Sunday, May 20th for our Annual Ice Cream Social which begins at 7:00 pm, followed by our Annual Meeting at 7:30 pm.

Topics at the meeting will include the election of new board members and approving the 2018-2019 budget. The agenda for the meeting as well as the slate of nominees, the proposed budget and other business items will be sent to members prior to the meeting.

This year there are openings for three trustees, Secretary and Treasurer. The nominations are:

Secretary – Laine Entin (2 year term)

Treasurer – Art Siegel (2 year term)

Trustee – Lisa W. Libman (3 year term)

Trustee – Julia Rietz (3 year term)

Trustee – Maury Topolosky (3 year term)

Sinai Temple Spa Afternoon Fundraiser

Perfect Gift for Mother's Day

Saturday, May 6th



Join us on Saturday, **May 6th from 2:00 PM-4:00 PM** for a time of relaxing and refreshing. Treat yourself to the benefits of these four wellness practices Yoga, Tai Chi, Meditation and Massage.

You can still register by calling the office or via SignUp Genius: https://tinyurl.com/ydzaal4n.

The cost for this event is \$25, and it is for ages 10yrs and up. We will have babysitting services available, along with a 'Smoothies & Schmooze' bar.



From Rabbi Alan Cook's Desk

One hundred years ago, in May of 1918, the US Postal service accidentally released what has become known as one of the most famous errors in American philately (stamp collecting). The so-called "Inverted Jenny" stamp depicts a Curtiss JN-4 airplane; an estimated 100 of these 24-cent stamps were printed with the plane image upside-down. The mistake was corrected, but not before the misprinted stamps were snatched up by the public. They now are among the most valuable to collectors; a single stamp sold in December 2007 for nearly one million dollars.

I believe that there are analogies that can be drawn between the saga of this stamp and our everyday lives. There will be times when the world seems to invert on us: up is down and down is up, and the expected order of the universe seems to erode into chaos. When this happens, we may be at a loss for a response and can easily become overwhelmed. Or, we can respond in the fashion of the stamp collectors, and recognize the topsy-turvy situation as an opportunity that may prove to have value and meaning.

One place to which we can turn when the world seems confusing is our Sinai Temple community. For over 100 years, we have constructed and maintained a *kehillah kedosha*, a sacred community, that allows us to lift up one another in times of rejoicing and—equally important—enables us to embrace and uphold one another in times of trouble.

Resilience is a term that originally comes from metallurgy. It refers to how certain metals lose their shape and become malleable when heated, but revert to their original form when cooled. When life presents a challenge that throws us for a loop or "knocks us out of shape," we can strive for a similar degree of resilience. We recognize that it may not always be

possible to recover from a challenge or a loss in a manner that fully restores us to our original state, but we pray that by focusing on resilience we may at least be able to find some peace.

The American Psychological Association has identified ten ways to build resilience; arguably many of these steps can be taken through involvement in your Sinai Temple community:

Make connections

Avoid seeing crises as insurmountable
Accept that change is a part of living
Move toward your goals
Take decisive actions
Look for opportunities for self-discovery
Nurture a positive view of yourself
Keep things in perspective
Maintain a hopeful outlook
Take care of yourself

Perhaps a Spa Day would be a means of beginning to engage in self-care and building resiliency? Mark your calendars for our May 6 event!

However you choose to approach those parts of our world or our society that feel "upside down," may you find your efforts meaningful and fulfilling, and may they bring you strength and resilience. And should you find that the quest for resilience is more than you can handle alone, please know that I am always available to you for conversation and support.

L'Shalom,

Rabbi Alan Cook



Mazel Tov to **Pam & Ken Olson's daughter Kristina Olson**, social and developmental psychologist at the University of Washington for receiving The National Science Foundation (NSF) 2018 Alan T. Waterman Award, the nation's highest honor for early career scientists and engineers.

Mazel Tov to **Deborah Levin and Arne Fliflet** whose first grandchild was born in March. Noah Thor Scott is the son of Ruthie Fliflet and Chris Scott.

Mazel Tov to **Marcia Monaco Siegel**, who recently received the Professional Staff Award for Experience from the College of ACES and the Sustained Excellence Award in Research.

Mazel Tov to **Robert Libman and the Libman family** on receiving the V. Dale Cozad Entrepreneur of the Year Award from the Parkland College Foundation.

Bulletin Submission: The deadline for **June/July Bulletin is May 15th**. All submissions may be edited for length and content. **EMAIL submissions to:** Roxanna Davison, assistant@sinaitemplecu.org.

It is hard to believe, but May marks the final month of my first year as President of the Temple! I feel like I have learned so much from my colleagues on the Board and from the entire congregation of Sinai about how to do this job, but as soon as I think I've got it under control, new things crop up to remind me how little I still know. By this time next year, I hope I'll know more, but by then it will be too late! I hear the same thing from the other officers of the Temple. It is my goal that the Board will develop job descriptions for the various executive positions, as a step towards ensuring that an institutional memory is built and maintained.

Each season has its rhythms and tasks. The month of May is, for students, when classes end and the summer begins. Since so many of our memberships are connected with the University of Illinois in one way or another, summer has a special meaning for them as well. I always enjoy the less hurried pace that Champaign-Urbana takes on in the summer, when the traffic is a little less, you can get into restaurants a little more easily, and we tend to have many of those days that seem to last forever. For the Temple, May is when we have our Annual Meeting for the full congregation. This is when we assess where we are now and where we are going for the coming year. The Annual Report that is sent out to the congregation contains reports by each committee detailing their work for the year, reports from Rabbi Alan and the President on their perspectives on the State of the Temple, reports on the Religious School and Temple Music, and the all-important financial reports. The Temple's financial reporting is very similar in nature to that of a corporation or of a unit at the University. There is a balance sheet that lists the Temple's assets and liabilities, if any. There is also the Temple budget for the next fiscal year. The Board has worked very hard this year to create a budget that is reasonable, achievable and transparent. You will be receiving a summary of the FY19 budget a couple of weeks before the Annual Meeting. I urge every member to take a close look at everything we send out for the meeting. This is our Temple, and the leadership wants everyone to understand what we are doing with the funds we receive from congregational donations. The aim is to be good stewards of the Temple funds, to accomplish the many goals the Temple has while still living within our means.

One new feature you'll see this month in the bulletin is a report on the state of the Temple renovation. As you know, the Sanctuary Renovation Committee was convened a few months ago with the task of gathering design ideas and submitting to the

PLEDGE REMINDER

As the 2017-18 Fiscal Year is coming to a close, we would like to remind those with outstanding pledges that they are due by June 30th. Feel free to contact Kathy in the Temple Office for balances: 217-352-8140 or stoffice@sinaitemplecu.org.

Board their recommendations. The committee is chaired by Paul Weichsel, who will be submitting a monthly progress report to the congregation to be printed in the monthly bulletin. His first submission is included this month. The Board of Trustees will ultimately make the decision, but we rely on the committee for its input. As I've shared, one aspect of the committee's work will be to solicit opinions of congregants; please continue to follow Paul's reports for details about opportunities to offer feedback.

By the time you read this, the slate of candidates for Board Trustees and officers for the coming year will have been distributed to all member households. The Nominating Committee is making every effort to find candidates who possess talents and skills that will strengthen and unite our congregation. All members will have the opportunity to discuss and vote on the slate at the Annual Meeting this month. I thank in advance the members of the Nominating Committee for their hard work in this very essential task.

See you in Temple!



SINAI TEMPLE APRIL 2018 BOARD MEETING

- The Board is considering a proposal by Jake Rosenbaum to create a playground space at the Northeast side of the Temple by the Cohen Garden. This is a project that fulfills a requirement leading to Jake's Eagle Scout award. Jake has been working with a subcommittee of the Board to decide on designs and plans for the space. He will be responsible for raising funds necessary for the project. Jake visited the Board at our April meeting to discuss the plans.
- The Board welcomed new members Rachel and Sandi Roegman to the Temple.
- It was decided to approve the purchase of seven stained-glass windows that were salvaged from the old Temple on Clark Street after it burned, if they are available. It is possible that some of these windows could be incorporated into the new Temple renovation.
- The Building Committee outlined several infrastructure improvements to be undertaken this summer, including new doors for the Neuman Garden, some tree trimming and the resurfacing of our parking lot.

As we close another amazing year of learning, I want to thank YOU for your support. Each and every member of Sinai Temple has done something over the course of the year to benefit Sinai Temple Religious School. If you made a monetary donation through the High Holy Day Greeting, Friends of Sinai Temple Religious School or Shalach Manot campaign, THANK YOU! If you registered your children to attend school this year and drove them here each week, THANK YOU! If you came to services for Shabbat Rocks, Next Dor, Teacher Appreciation Shabbat, Hebrew School Shabbat or Wednesday tefillot, THANK YOU! If you volunteered to run Sinai Café on a Sunday morning, THANK YOU! If you taught our kids through our elective program or as a teacher in the school, THANK YOU! If you encouraged your children to attend social events such as roller skating, CUTY programs, KIDdush Club, ice skating, etc, THANK YOU! If you volunteered your time to sit on the Religious Education Committee at Sinai Temple, THANK YOU! If you attended our family education program, learning about the genizah, THANK YOU! If you came to Adult Education, once or on a regular basis, THANK YOU! If you tutor B'nai Mitzvah students, THANK YOU! If you explored events outside of Sinai Temple that helped to connect your family to the Jewish community in CU, THANK YOU! If you took time to answer questions from students who are active learners trying to gain more insight about being Jewish, THANK YOU! There are so many ways in which you have supported learning in our community, and I sincerely mean it when I say THANK YOU for your support. Educating our children and passing on a love for Judaism requires more than classroom experiences. We are working to help children realize that their Judaism is a part of them all the time and your involvement is so important. So, once again, I say THANK YOU for a tremendous year—I can't wait to see what the next school year brings!

Religious School: May 6—End of Year Picnic

Parents and siblings should plan to come at 11:00 for a closing ceremony
and then stay for the picnic, outdoor activities and fun.

Hebrew School: May 2, (not originally on the calendar) 6

Other Events:

- May 2 Lag b'Omer celebration at Sinai Temple! Open to all—activities will include a fire pit, singing, stories, soccer, gaga. 5:30-7:00, bring your own dinner. Hebrew school kids are welcome to stay without parents, but parents are encouraged to come. Open to all families in the community.
- May 4 First Friday Shabbat
- May 18 PJ Shabbat Rocks! and Next Dor (Oneg sponsored by PJLibrary/CUJF)
- May 20 Shavuot program for KIDdush Club—Colbert Park, scavenger hunt and climb "Mt. Sinai" to find the Torah. Meet from 4-5:30
- ** Although the original school calendar does not list May 2 as a Hebrew School date, we will have school that afternoon. Thank you for updating your calendar and accommodating a change in plans!

What is Lag b'Omer?

The Omer is 49 days between the second night of Pesach and Shavuot. Omer means *sheaf* and represents the harvest offering that was brought to the Temple on Pesach. The mitzvah (commandment) is to count 49 days from the time that the offering was brought. On the 50th day, the Jewish people would celebrate Shavuot. There are different stories regarding the history of the omer, but at some point, this period became a somber period with restrictions on activities such as having weddings and haircuts. The one day that is an exception is Lag b'Omer, literally the 33 day of the Omer. Lag (the Hebrew letters lamed and gimmel) equals the number 33 (lamed is 30 and gimmel is 3). Again, because there are variations in the stories for why this is a period of mourning, there are variations in the stories for why the 33 day is an exception. On this day, particularly in Israel, many people get married, children may have their first haircut and people gather for bonfires and social time.

May 2 is the beginning of Lag b'Omer. To celebrate, we will have a family friendly activity following Hebrew School. Bring your own picnic style dinner. We will have activities such as pita making, soccer, gaga, campfire songs and stories and more. Please watch for RSVP information! We will open this to the community and hope that it will be a great celebration for the Jewish children in Champaign Urbana!

Announcements



The Book Group usually meets the third Monday of the month at 7:30 PM. We will be reading, *Hillbilly Elegy,* by J.D. Vance. Host and Facilitator: Sandy Hynds, 609 S. James, C. (352-8218). Contact Person: Susan Schomer (359-2938).



TORAH STUDY Saturdays, 9:00 AM

The Sinai Temple Torah Study Group meets in the Sinai Temple Library, and all are welcome to attend our stimulating lay-led discussions. Throughout 5778, we will begin exploring the entirety of the Tanakh, not just the Torah. Newcomers are welcome to come study with us!

GENTLE CHAIR YOGA

Tuesdays, 10:45 AM to 11:30 AM

SHAL*OM! Please come and try your first class for free! People have said the class is calming, refreshing and provides a nice, gentle stretch and great start to their day. Be sure to let Robin know that you are coming by email robinfans1@gmail.com or by phone at 217-367-8053.

VIMs

Thursday, May 3rd at 11:45 AM

Calling all women 55 and older, come join us for lunch and fellowship at Baxter's in Champaign. We meet the first Thursday of the month. If you would like to join us, please email Astrid Berkson at astridjb@comcast.net.

Emma Donnini Bat Mitzvah



Emma Rose Donnini will become a Bat Mitzvah at 10:00 AM on Saturday, May 26. Emma's parents, Karen and David, and her brother, Zachary, are proud to support her for this exciting event. Emma is in 7th grade at Countryside School and turned 13 on April 1.

For her Mitzvah project, Emma volunteered in a local program called DREAAM, which is a summer preschool program targeted

toward disadvantaged African-American boys. She also volunteered at a Montessori preschool in the same classroom where she attended preschool. She helped teach the students to sound out basic words and eventually read short picture books. In addition, Emma is collecting books for various preschools that serve disadvantaged youth around Champaign -Urbana. If you would like to donate new or gently used children's books, there will be a box available at Sinai Temple on the day of her Bat Mitzvah.

The Rudolph-Donnini family hopes to see you on May 26!

Sunday, May 13th Happy Mother S Day

Norah Kopolow Bat Mitzvah



All are welcome to join us for services on June 2, 2018 as Norah Kopolow becomes a Bat Mitzvah.

Norah is a 7th-grader at Jefferson Middle School in Champaign, where she is very active in band and GSA. Norah has been a student in the Sinai Temple Religious School since Hand-in-Hand at age 2, and she has been an eager participant in—and sometimes leader of—Shabbat Rocks!, Next Dor, and other children's and family services

For her mitzvah project, Norah has chosen to promote mental health awareness in partnership with NAMI, the National Alliance on Mental Illness. As May is Mental Health Awareness Month, Norah will officially kick off her project at the May 4th First Friday Feast, where she will give a short talk.

In addition to her presentation on May 4th, Norah is raising funds for NAMI's Champaign branch by selling green ribbons—the designated symbol of Mental Health Awareness—for a minimum donation of \$1.00 each. All proceeds will be donated to NAMI Champaign.

Ribbons are available in the Sinai Temple Gift Shop or by contacting Norah at norahkopolow@gmail.com.

Together with her parents, Dan and Jessica, and her sister, Ava, Norah looks forward to celebrating with her Sinai Temple family on June 2nd!

Giving

BUILDING FUND

Toni Lachman

GENERAL FUND

Carl & Carol Belber, in memory of Leon Bankier and in memory of Pauline Rabin

Paula Kaufman, in memory of Clara Kaufman

William & Eileen Kohen, in memory of Saul Blumenthal

Gayle & Ira Kopin, in memory of Bebbe and Eli Mandel

Ruth Morhaim, in memory of Joyce Levy

Richard & Shirley Newman, in memory of Harold Miller

George & Mary Perlstein, in memory of Joyce Levy

Paul & Susan Schomer, in honor of Charles Kozoll and in memory of Joyce Levy

Dvora Tager, in memory of Pauline
Tager, in memory of Marcus
Tager, in memory of Jessica
Underberg, in memory of
Marianne Melnikoff, in memory of
Florence Reyman, in memory of
Isaac Reyman, in memory of
Solon Reyman, in memory of
Ruth Tager and in memory of
Stephen Tager

FRIENDS OF THE RELIGIOUS SCHOOL FUND

Sara and Eric Benson, in memory of Pauline Rabin Joyce Eisenstein

Elizabeth Oyler and Michael Finke Virginia France and Charles Kahn Natalie Frankenberg, in memory of

Pauline Rabin

Toni Lachman, in memory of Pauline Rabin

Joan and Charles Kozoll Dana Rabin and Craig Koslofsky Jessica LeRoy Bernice and Laurence Lieberman

Ruth Morhaim

Julia and Gene Robinson Jacqueline and Richard Ross Marcia and Art Siegel

Fran and Bill Strauss

Kirstin Wilcox and David Sussman

Bette and John vanEs

Linda and Barry Weiner

HAMBURG EARLY EDUCATION FUND

Mary & James Cox, in memory of Joyce Levy

Katherine Eisner Egan & Jane Eisner Green, in memory of Joyce Levy Diane Gottheil, in memory of Joyce

James & Ruth Jackson, in memory of Jovce Levv

Doris Kuhne, in memory of Joyce Levy

David & Jan Sholem, in memory of Joyce Levy

Myron & Sonya Sholem, in memory of Joyce Levy

Jon Sokolski and Marci Dodds, in memory of Joyce Levy

Soy Capital Bank and Trust, in memory of our beloved customer, Joyce Levy

Janann Vance, in memory of Joyce Levy

KITCHEN/ONEG FUND

Joanna Kling

LEWIS FAMILY FUND

Milton Haas and Linda Lewis, in honor of Bonnie and Ralph Mandell's generosity and hospitality

MUSIC FUND

Ruth Morhaim, Welcome back Martha Alwes!

RABBI'S DISCRETIONARY FUND

Natalie Frankenberg, in honor of Rabbi Alan for the Interfaith Seder

SHABBAT SINGERS

Hilda Banks, in loving memory of Edwin Banks from the Banks family

SCHOOL FRIENDS OF SINAI TEMPLE RELIGIOUS

Friends of Sinai Temple Religious School was established to encourage an annual commitment to the religious education of our youth. Contributions are used exclusively to help defray the cost of operating the Religious School.

The minimum contribution to the fund is \$36. As in all funds, contributions may be made "in honor of," "in memory of," or to commemorate any occasion. All FRIENDS will be acknowledged in the Sinai Temple Bulletin.

To become a FRIEND, make your check payable to Sinai Temple FRIENDS, and mail to Natalie Frankenberg, 3705 Marjorie Lane, Champaign IL 61822, or to Sinai Temple.

This listing only reflects donations received through **mid-April**. Donations received after this date will be acknowledged in future Bulletins.

Please send your donations made payable to Sinai Temple. Only donations of \$15.00 or more per fund and honoree will be listed in the Bulletin.

The UP Center is working on putting together a prom for LGBTQ+ High School Students. The theme will be the Wizard of Oz. If you have any appropriately themed decorations and/ or gently used prom attire that could be donated to support this event, please contact Rabbi Ari Naveh at Hillel (ariel@illinihillel.org). You may find more information about supporting this program at www.unitingpride.org

Memorials

William Adelston (9 May)	Abraham Goldberg (6 May)	Sarah Savran (23 Iya)
Bertha Craven (5 May)	William Arthur Graff (6 May)	Harold Morris Schomer (26 Iya)
Doris Denburg (11 May)	Sara Lewis (8 May)	Minnie Sosnoff (8 May)
Edward Dessen (8 May)	Simon Litman (7 May)	Lillian G. Stauffer (11 May)
Sonia Doppelt (9 May)	Mariane Tager Melnikoff (8 May)	Pauline Evenson Tager (5 May)
Carolyn Kuhn Feffer (7 May)	Pearl Miller (10 May)	Manie Tepper (5 May)
Abraham Gerald Ginsberg (5 May)	Beverly Newman (11 May)	Herman Edward Waisvisz (9 May
Donald M. Ginsberg (7 May)	Sarah Braudes Olefsky (7 May)	Sophie Weinberg (22 Iya)
Becky Glaser (11 May)	Bernard Regardie Perry (26 Iya)	
Morton S. Glaser (8 May)	Lee E. Roland (10 May)	
Samuel Agran (12 May) Ruth B. Barker (17 May)	Armin H. Koller (17 May) Peter Korogodsky (15 May)	Amelia Alpiner Stern (12 May) Marjorie Katz Weiser (1 Siv)
Barbara Ann Berg (17 May)	Ernest W. Lane (12 May)	Marjoric Ratz Weiser (1 51V)
Henry Jacob Blum (16 May)	Harry David Lebenson (12 May)	
Morris Garfinkel (17 May)	Adele Lipson (15 May)	
Alice Grossman (17 May)	Samuel Meyerson (1 Siv)	
Frank Helman (29 Iya)	William Edward Perkel (12 May)	
Ethel Herman (29 Iya)	Sidney P. Radeloff (12 May)	
	Jack Rothenberg (18 May)	
Mildred Hirshenson (18 May)	Jack Rothenberg (18 May)	

	Susan Linowes Allen (9 Siv)	Shirley Muriel Kalmanson (6 Siv)	Morris Zimmerman (21 May)
ay, May 18	Sol Averbuch (22 May)	Lila Ziven Katz (22 May)	
	David Ralph Berkson (24 May)	George Miller (21 May)	
	Abe Blockman (21 May)	Rose Lillian Lipman Rigberg (24 May)	
	Doris Sweital Brody (23 May)	Flora Sholem (22 May)	
	Addie Bernstein Cohen (25 May)	Moses Guy Soskin (25 May)	
	Jack Goodfriend (24 May)	Minnie Stern (23 May)	
	Edythe Klavans Goodman (19 May)	Blanche Berland Sudman (24 May)	
Friday,	Edwin Harlib (5 Siv)	David Jacob Waisvisz (21 May)	

Alfred Beller (17 Siv)	Sophie Perlman Lenik (14 Siv)	Robert Arlen Swartz (12 Siv)
Estelle Brotherson (26 May)	Rachel Lewis (26 May)	Amalia Rosenheck Weinberger (16 Siv)
Zelda Trenner Derber (30 May)	Esther S. Mittleman (1 Jun)	Leonard Weiner (17 Siv)
Bessie S. Greenspon (29 May)	Ethel Lydia Olson (26 May)	Emilio Weiss (30 May)
Halvor Groven (30 May)	Nancy Oyler (29 May)	
Pearle Gruenstein (27 May)	Martin Pierce (29 May)	
Lucille Koenigsberg (30 May)	Maxine Pombert (28 May)	
Katherine Schlesinger Koller (1 Jun)	Lillian Sherman (26 May)	
Gertrude S. Kushner (1 Jun)	Marie Simon Simonson (29 May)	
1		

Adding memorials to your membership record is simple. Just call the Temple office 217-352-8140 or email us at stoffice@sinaitemplecu.org and let us know the name of the deceased, their relationship to you, and the secular or Hebrew date you wish to observe their yahrzeit. If you are unable to attend services and wish to reschedule the observance, please let us know a few days in advance.



3104 West Windsor Rd. Champaign, IL 61822

RETURN SERVICE REQUESTED

Non-Profit Organization U.S. Postage P.A.I.D. Permit No. 298 Champaign, IL 61821

The purpose of Sinai Temple is to worship God in accordance with the Jewish faith; to cultivate a love and understanding of Jewish heritage through education; to stimulate fellowship in the Jewish community; to strengthen bonds of loyalty with Jewish people everywhere; and to bring nearer the Dominion of God on earth through an emphasis on righteousness (tzedakah), commandments (mitzvot), and goodwill (gemilut hasidim) to one another and to society at large.









Would you like to help sponsor our Bulletin? Contact Roxanna in the Temple office for more information! 8 Sinai Temple Bulletin May 2018 ~ Iyar/Sivan 5778