First Friday Returns!

Please join us on Friday, August 3 for a special service welcoming Shabbat at 5:30 PM. Afterwards, we’ll enjoy a delicious dinner prepared by Rabbi Alan and friends, and a chance to visit with all of your Sinai Temple friends and catch up on what they’ve done over the summer. Please visit https://sinaicu.wufoo.com/forms/s1abloej09sanra/ to RSVP. Your RSVP is requested by August 2 to help us plan for sufficient food.

ON FRIDAY, AUGUST 31, we will also have a special 5:30 PM service followed by dinner. This is in lieu of our September First Friday. Please see page 8 for further details, about this Mitzvah Project.

Schedule of Services

**FRIDAY, AUGUST 3**
5:30 PM  Erev Shabbat Service & Dinner

**FRIDAY, AUGUST 10**
7:30 pm  Erev Shabbat Service

**SATURDAY, AUGUST 11**
10:00 am  B’nai Mitzvah of Noah & Jacob Hankin

**FRIDAY, AUGUST 17**
5:30 PM  Shabbat Rocks!/Next Dor
7:30 PM  Erev Shabbat Service

**FRIDAY, AUGUST 24**
7:30 PM  Erev Shabbat Service

**SATURDAY, AUGUST 25**
10:00 AM  Egalitarian Traditional Minyan

**FRIDAY, AUGUST 31**
5:30 PM  Erev Shabbat Service & Dinner

THE HOLIDAYS ARE COMING
ORDER YOUR LULAV AND ETROG
FOR SUKKOT TODAY!

Order your Lulav and Etrog through the Gift Shop. All sets are kosher and include the Etrog, Lulav, Myrtles, Willows, and a Lulav bag.

- Standard Set: $40
- Deluxe Set: $60
- Superior Set: $70

Prices include shipping
Orders with payment must be received by AUGUST 31st. (This is a firm deadline)

Please email your orders to:
giftshop@sinaitemplecu.org;
indicating payment type. Checks should be made payable to "Sinai Temple Gift Shop". Please email the gift shop or contact Jessica Kopolow at 217-417-8699 to arrange for credit card payment.

Looking Ahead......

- Selichot  Sat, Sept 1
- Memorial Service—Mt. Hope Cemetery  Sun, Sept 2
- Labor of Love  Mon, Sept 3
- High Holidays  Watch for the High Holiday Schedule in the mail.
- Gabe Cook Bar Mitzvah  Sat, Sept 29
I write this having just returned from my two-week stint on the faculty of the Olin Sang Ruby Union Institute (OSRUI), the regional summer camp for the Reform movement in Oconomowoc, Wisconsin. As Rob Ore writes in his president’s report, this is truly a magical place. Every year that I spend there teaching and learning and playing alongside the campers is quite meaningful for me, and I know that these moments spent at summer camp are transformative for our young people who attend OSRUI and other Jewish camps throughout our country.

This summer, I had the privilege of working with the unit known as “Gesher,” a program for young people entering seventh, eighth, and ninth grades. The word “Gesher” means “bridge,” for this program serves for many as a bridge between the introductory years at camp and the greater degree of freedom and choice afforded to campers in their middle-school years. I cannot hear the word “Gesher,” however, without thinking of the famous quote from Rabbi Nachman of Breslov (1772-1810): “Kol ha-olam kulo gesher tzar m’od; v’ha-ikar lo l’facheid k’lal.” This statement is often translated as, “The whole world is a very narrow bridge, but the essential part is not to fear at all.” But our late rabbi emeritus, Isaac Neuman (z”l), who named his memoir The Narrow Bridge as a nod to this teaching, encouraged me to read it differently. Fear, Rabbi Neuman said, will always be present. The most important thing is not to be wholly consumed by it. Rabbi Nachman encourages that when we feel fear, we find tools to manage that fear so that it does not completely overtake us. My fellow faculty members and I worked with the campers to encourage them in this self-actualization, and to show them that they could achieve almost anything if they applied themselves to the task. In one of their final activities of the session, students created “vision boards,” adopting goals and ideals for how they hope their futures will unfold.

I am proud that here at Sinai Temple, we have a similar embrace of egalitarianism. But there is one area in which I feel we are failing to uphold this commitment. For most of my tenure here, candle-lighting for Shabbat and festivals has been done by women, and Kiddush has been done by men.

There are, of course, some historic reasons for this. Traditionally in Judaism, candle lighting was one of the few time-bound mitzvot (that is, mitzvot that had to be performed within a certain time frame) that were incumbent upon women. It was anticipated that a woman would be kept busy with childrearing and with maintaining the household, and so they were excused (not excluded, merely excused) from other mitzvot. But the intent was never to proscribe women from engaging in these holy acts; nor was it to preclude men from lighting candles (or baking challah, or caring for the children).

Certainly, old habits die hard. Some of you will not feel comfortable participating in this change, and that is understandable. But following the High Holidays, the option will formally be made available to all those attending our Reform Shabbat and Holiday services—men and women will be invited to participate in both candlelighting and Kiddush. Watch your email blast for information on how to sign up. We’ll also be providing resources to help you learn the blessings, if you don’t already feel familiar with them.

By implementing this small change, I hope to continue to grow Sinai Temple as a comfortable place for Jewish exploration and expression for all.

B’Shalom,
Rabbi Alan Cook
I hope everyone has had some time to rest, recharge and have fun this summer. Summer can also be a time to learn and develop in ways we’re too busy to do during the rest of the year. In the case of many of our Temple youth, summer means attending a Jewish summer camp, which is a unique combination of fun and learning. There are several camps our kids go to. The main ones are OSRUI, Tavor and Chi. Diane and I were fortunate to be invited, along with presidents of many other URJ congregations in the Midwest, to visit OSRUI in Oconomowoc, Wisconsin in July for a special “President’s Shabbat Weekend.” I want to share with you a little of what we experienced and learned during that magical weekend.

The weather was perfect, so we got to celebrate Friday night services in an outdoor amphitheater with Gesher, one of the living groups at the camp. There are many such groups, based on the age, level and interests of campers. For each age group, campers have a choice of various groups they can join for the summer. Different groups have different foci, for example, Hebrew language skills, performing arts and kibbutz. Campers who return year after year move through the various groups, allowing them to develop their skills and roles at the camp. They can move eventually toward becoming counsellors. Long-time participants become leaders. Everybody at camp works together to achieve a better, more harmonious time for all. After services, the entire camp convened for Shabbat dinner in Chadar Ochel, the dining hall. It’s a remarkable operation! We sometimes have dinner for close to 200 in our pods, but this was over three times as many! When we finished dinner, we all moved to another large building, the Sang Sports Center, for “Shabbat Shira.” This turned out to be a boisterous, spiritual gathering led by eight song leaders with guitars. All the songs were familiar from our siddur, but for each song, there were associated hand motions that all the campers knew and joined in on. The room was filled with energy and ruach! One of the guests that weekend was URJ President Rabbi Rick Jacobs, who mesmerized the whole assembly with a moving and inspiring story. We left the camp that night in high spirits.

The next morning, we returned to camp to continue our celebration of Shabbat. We first got to meet and chat with some of the other Temple presidents along with Rabbi Jacobs. Then we attended an outdoor Shabbat service with some of the younger campers in Kibbutz HaTzofim. The style of service in the various groups is carefully designed to be appropriate to the age level of the kids attending, so everyone feels comfortable being actively involved. Even the version of Mishkan T’filah they use depends on the age group (for example, the version for older kids doesn’t have the transliterations of the prayers.) After services, we enjoyed a kiddush buffet lunch on the lawn outside the dining hall. This was great fun, because we got to hang out and eat with some of our Temple kids and meet their friends. After lunch, the camp staff gave us a tour of OSRUI, followed by a presentation and question/answer session with Rabbi Jacobs and the Camp Director, Solly Kane. Too soon, our Shabbat was over, but the memory of what we saw, heard and experienced that weekend will stay with us for a long time!

Camp is an experience that all our kids should have access to. It allows them to grow and develop as people and as Jews in ways that nothing else does. The kids that move through the various levels of camp are the ones who will have a lifelong relationship with their Temples and with Judaism. They will be our future leaders. Some of them may be writing a report like this one in 30 years or so!

Soon we will all be starting a new year. May the renewal we’ve experienced this summer prepare us for a successful and joyful fall!

See you in Temple!

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SINAI TEMPLE JUNE 2018 BOARD MEETING

- Linda Weiner resigned from the Board, and Julia Robinson was chosen to complete Linda’s term.
- The Board welcomed its new members: Art Siegel, treasurer, Laine Entin, secretary, and trustees Lisa W. Libman, Julia Rietz and Maury Topolosky.
- Rob appointed Ben LeRoy to be the at-large trustee member of the Finance Committee.
- The Cemetery Committee presented and the Board approved a revised monument policy to be followed at the Mt. Hope Cemetery.
- The Board approved a resolution to continue to charge Style & Grace (formerly BJ’s Grand Salon) for use of the Sinai Temple parking lot at the current rate.
- The Board agreed to special meetings to discuss plans for the renovation. These meetings are ongoing.

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3 Sinai Temple Bulletin August 2018 ~ Av/Elul 5778
I hope everyone is enjoying their (HOT) summer! Religious School Registration is right around the corner. I am looking forward to another year of engaging young learners. Registration is a family focused event—so come for PANCAKES, REGISTRATION and BLOOD DRIVE!

At registration, you will receive a packet with information provided to us in the past (returning families) or a blank packet (new families). We ask that you review/fill out the forms, return them to the registration table, and decide how you will pay for religious school tuition. We are able take cash, check or credit card for payment. There is an additional fee for credit card payment. Please spread the word to ALL Jewish families in the area—we are excited for another great year and want to include anyone who is interested in our program.

AUGUST 19, 2018
9:00–11:00 AM Registration and Pancake Breakfast (details below)
9:00 AM–1:00 PM—Blood Drive (sign up early to get a time slot that works for you!)

Pikuach Nefesh—saving a life—is a highly regarded mitzvah.

We are bringing the opportunity to Sinai Temple to make it easy for you to donate!

HIGH HOLY DAY NEW YEAR CARD

It is an annual tradition that the religious school sends a Rosh Hashana card to all of the members of Sinai Temple. Your participation is requested—this is a wonderful way to support the religious school and to send wishes of a sweet and healthy new year to our community. Please complete the enclosed form and return it to Sinai Temple. This small mitzvah is rewarding in many great ways!

CHEF/RABBI Alan invites you to the PANCAKE BREAKFAST!

This event is open to the community. The breakfast will include pancakes (with a variety or toppings and add-ins), fresh fruit, coffee, tea and juices.

Cost: $5 per person, $20 max per family

If you plan to eat pancakes, please RSVP to Rabbi Jody (educator@sinaitemplecu.org) by August 15. RSVP is not required but will help to ensure we have enough food! Funds raised will be used to support our wonderful YOUTH PROGRAMMING.

We need volunteers to help take orders and serve—please let Rabbi Jody know if you can help us out!
BOOK GROUP
Monday, August 20th, 7:30 PM
The Book Group usually meets the third Monday of the month at 7:30 PM. We will be reading, A Gentleman in Moscow, by Amor Towles. Host and Facilitator: Susan Cohen, 3506 S. Vine, U. (384-7871). Contact Person: Susan Schomer (359-2938).

TORAH STUDY
Saturdays, 9:00 AM
The Sinai Temple Torah Study Group meets in the Sinai Temple Library, and all are welcome to attend our stimulating lay-led discussions. Throughout 5778, we will begin exploring the entirety of the Tanakh, not just the Torah. Newcomers are welcome to come study with us!

GENTLE CHAIR YOGA
Tuesdays, 10:45 AM to 11:30 AM
SHAL*OM! Please come and try your first class for free! People have said the class is calming, refreshing and provides a nice, gentle stretch and great start to their day. Be sure to let Robin know that you are coming by email robinfans1@gmail.com or by phone at 217-367-8053.

VIMs
Thursday, August 2nd at 11:45 AM
Calling all women 55 and older, come join us for lunch and fellowship at Baxter’s in Champaign. We meet the first Thursday of the month. If you would like to join us, please email Astrid Berkson at astridjb@comcast.net.

Noah and Jacob Hankin Bar Mitzvah
Noah and Jacob Hankin will be called to the Torah as B’nai Mitzvah on August 11, 2018. Their parents, Michelle and Ben, are happy to support them, along with friends and family, on this special day.

In August, Jacob and Noah will enter 9th grade at Urbana High School. Both boys are avid musicians who participate in orchestra and band in school, and they are members of the Chamber Music Academy at the University of Illinois. Their love of music was a driving force behind their mitzvah project. In April, Noah and Jacob performed a benefit recital. With very generous donations from the community, they raised funds for Urbana School District’s Evelyn Burnett Underwood Instrumental Music Assistance Program, which provides instruments to many students who are unable to provide their own.

Noah and Jacob have whole-heartedly prepared for this day. The Hankin family looks forward to celebrating with the Sinai Temple community on August 11!
We will soon be entering the Hebrew month of Elul, traditionally celebrated as a new year for animals. On **Monday, August 13 from 1-3 PM**, you are invited to bring your pets to Sinai Temple for a treat and a special blessing from Rabbi Alan. Let us give thanks for all of the ways that our animal companions enrich our lives.

**PET BLESSING**

**PLAYGROUND**

**Jake Rosenbaum** is working, alongside the Rabbis, the Board of Trustees and a sub-committee in designing a fun and creative play area, which has been approved by the board, for his Eagle Scout project. The total cost will be $5,500 and the plan is to build in August. Because of limited Temple funds, the project needs to be almost entirely funded by donations. Your donations big or small are greatly appreciated. If you would like to donate to this project that will benefit the entire Sinai Temple community, please send your check to Sinai Temple with “Playground” in memo.

For more information about the project or other ways to help, please contact Jake at jacobrosenbaum2211@yahoo.com.
Blood Drive
Sinai Temple
Sunday, August 19th
9:00 AM to 1:00 PM

Please join us August 19th 2018 between 9:00 AM & 1:00 PM for our blood drive! We need 26 or more units to equal last year’s drive.

Sign up online through the blood bank, or use the sign up genius, or call Leanna at 217-378-5155 to reserve your time.

Sign up at: https://www.signupgenius.com/go/60b0c4ea8ad28a02-blood1

Sinai Temple Gift Shop
(All Gift Shop profits go to support the Religious School)

Upcoming B’nai Mitzvah:
Noah & Jacob Hankin, August 11
Gabe Cook, September 29
Zachi Dancowicz, October 6

Order your LULAV & ETROG sets for Sukkot TODAY!

DEADLINE for orders is AUGUST 31!

All sets are Kosher and include the Etrog, Lulav, Myrtles, Willows and Lulav bag.

Three styles to choose from:
Standard—$40 per set
Deluxe—$60 per set
Superior—$70 per set

Prices include shipping

To order email giftshop@sinaitemplecu.org or call Jessica Kopolow at 217-417-8699.

You may have seen the new signs in our parking lot from Tatman’s Towing, indicating that unauthorized cars are subject to towing. We want to assure Temple members that there has been no change in policy regarding Temple members parking their cars. The signs are intended as deterrents for patrons of neighboring businesses, to discourage them from parking in our lot. Please also note that if you ever have any vehicle trouble while parked at Temple, Tatman’s is available to assist with jump starts, lost keys, etc. We apologize for any alarm these signs might have caused, and appreciate your understanding.

Regular Hours of Operation
Sundays 9:00 AM–1:00 PM (during Religious School)
Wednesdays 4:00 PM–6:00 PM (during Hebrew School)

But we are ALWAYS open by appointment.

Email: nataliefr@comcast.net
Natalie Frankenberg (390-4168)
Jessica Kopolow (417-8699)
Pam Olson (384-4335).

Cash or checks are always welcome. Credit cards accepted for charges over $25. We now accept Visa, MasterCard, American Express and Discover using SQUARE.
SINAI TEMPLE PRESENTS

MITZVAH PROJECT

COMMUNITY GATHERING INVITATION

SHABBAT SHALOM

FRI
31 AUG 18
KABBALAT SHABBAT SERVICE @ 5:30 PM

SHABBAT CELEBRATION
LEAD BY THE MITZVAH GIRLS

DINNER & SHABBAT Z’MIROT @ 6:30 PM
3104 WINDSOR ROAD, CHAMPAIGN

WE WILL PROVIDE THE MAIN COURSE.
PLEASE GO TO THE LINK TO RSVP AND SIGN UP FOR WHAT YOU WISH TO BRING TO THE POTLUCK DINNER

https://goo.gl/48hn6n
**Selichot Service**

As we prepare for the High Holiday season, we hope that you will plan to join us for our Selichot programming, ushering in the Days of Awe.

**On Saturday evening, September 1st, please join us in the Davis Chapel at 7 PM** for a screening of The Women’s Balcony, an Israeli comedy. Following the film, we’ll enjoy dessert and a brief discussion before proceeding to the sanctuary for Havdalah and a brief contemplative Selichot service.

**Memorial Service—Mt. Hope Cemetery**

**On Sunday, September 2nd at 11 AM**, please join Rabbi Alan at Mt. Hope Cemetery for a brief reflective service as we pay tribute to those loved ones of our community who are no longer with us. It is appropriate during this season of reflection to honor their memories and reflect on their legacies.

**Monday, September 3rd** we will be cleaning up our building and its grounds, and **setting up chairs for the High Holidays**. All ages and abilities are welcome to join. We will have indoor tasks such as vacuuming, dusting, polishing silver. We will also have minor physical outdoor tasks such as pruning bushes and trees, planting flowers, etc. (nothing labor intensive).

If you intend to work outdoors, please bring gloves and other items for yourself or others to use such as rakes, trimmers, etc. Look for more information in the weekly online email.

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**The Seymour and Blanche Sudman Patio in the Cohen Garden**

The Cohen Garden has a new look! Through the generosity of Emily and Barry Hindin in honor of her parents, Seymour and Blanche Sudman, we now have a brand new patio! We are waiting for the lighting to be installed and some other final touches. Please check out the new patio the next time you are at Temple.
Giving

BUILDING FUND
Sara & Eric Benson
Joan Friedman & Charles Blair
Minna Friedman
Ben & Shari Fox
Faye Jones & Joseph Taylor
Brian & Jacque Kahn
Charles & Joan Kozoll
Judy Lachman,
Benjamin & Jessica LeRoy
Diane & Rob Ore
Julia Rietz & Al Johnston
Rachel & Sandi Roegman
Richard & Jacqueline Ross
Emily Stone & Chris Napolitano
David Sussman & Kirstin Wilcox
Helen Thursh
Monique & Michael Tsipursky

BUILDING FUND
Stanley & Joan Levy, in memory of Trudy Averbuch
Edward & Nancy Tepper, in honor of the many thoughtful people who provided food & services and in memory of Trudy Averbuch

KITCHEN/ONEG FUND
Allen Avner
Hilda Banks
Sara & Eric Benson
May Berenbaum & Richard Leskosky
Carl & Carol Belber
Brian & Terre Braun
Natalie Frankenberg
Joan Friedman & Charles Blair
Ben & Shari Fox
Jeffrey & Carmen Glezer
Joli Ginsberg
Ted Hymowitz
Faye Jones & Joseph Taylor
John & Benita Katzenellenbogen
Paula Kaufman
William & Eileen Kohen
Charles & Joan Kozoll
Benjamin & Jessica LeRoy
Stanley & Joan Levy
Robert & Sondra Libman
Yoram & Carol Mizrahi
Diane & Rob Ore
Gene & Julia Robinson
Rachel & Sandi Roegman
Richard & Jacqueline Ross
Mark & Ann Sapoznik
Alex Scheeline & Alice Berkson
Robert & Marion Smith
Emily Stone & Chris Napolitano
David Sussman & Kirstin Wilcox
Elliot Weinberg & Rosalind Faiman
Jon & Kathryn Weisbaum
Betty Weiss

LIBRARY FUND
Jordan & Judy Konisky, in memory of Trudy Averbuch
Henrietta Schwartz & Sue Brim, in memory of Dora Lovett Lapedes

MUSEUM FUND
Natalie Frankenberg, in memory of Trudy Averbuch

PLAYGROUND FUND
Keith & Michelle Haug
Benjamin & Jessica LeRoy
Jacob & Ruth Sosnoff

RABBI’S DISCRETIONARY FUND
Aaron Averbuch
Garth Gersten & Janet Bercovitz, in memory of Davida Stotland and in memory of Ronald Gersten

SIEGEL SOCIAL ACTION FUND
Anthony & Penelope Soskin, in memory of Herbert Rubenstein

Please send your donations made payable to Sinai Temple. Only donations of $15.00 or more per fund and honoree will be listed in the Bulletin.

This listing only reflects donations received through mid-July. Donations received after this date will be acknowledged in future Bulletins.

Bulletin Submission: The deadline for the September Bulletin is August 15th. All submissions may be edited for length and content. EMAIL submissions to: Roxanna Davison, assistant@sinaitemplecu.org.
**Memorials**

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<th>Friday, August 3</th>
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<tbody>
<tr>
<td>Rubin G. Cohn (6 Aug)</td>
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<td>Jeanette Leavitt Davis (10 Aug)</td>
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<td>Rose Hirsch Ducoff (7 Aug)</td>
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<td>Arthur Gitler (4 Aug)</td>
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<td>Dora Kalis Joffe (4 Aug)</td>
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<td>Solomon Alexander Klein (8 Aug)</td>
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<td>Janet C. Dolgin (12 Aug)</td>
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<td>Bob Irwin Eisenstein (17 Aug)</td>
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<td>Laura Eisenstein (14 Aug)</td>
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<th>Friday, August 17</th>
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<tr>
<td>Mollie G. Berg (21 Aug)</td>
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<td>Louis Gordon (23 Aug)</td>
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<td>Samuel Klein (22 Aug)</td>
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<td>Ida Borowsky Klorfine (22 Aug)</td>
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<th>Friday, August 24</th>
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<td>Mary Adleman (26 Aug)</td>
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<td>Dorothy Ferrer (20 Elu)</td>
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<th>Friday, August 31</th>
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<tr>
<td>Beatrice Cossman (3 Sep)</td>
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<td>Joseph Freudenstein (4 Sep)</td>
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<td>Florence Nagel Howard (2 Sep)</td>
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<td>Minnie Levin (3 Sep)</td>
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<td>Sadye Zimmerman Marco (4 Sep)</td>
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<td>Jennie Z. Mashkes (4 Sep)</td>
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Adding memorials to your membership record is simple. Just call the Temple office 217-352-8140 or email us at stoffice@sinaitemplecu.org and let us know the name of the deceased, their relationship to you, and the secular or Hebrew date you wish to observe their yahrzeit. If you are unable to attend services and wish to reschedule the observance, please let us know a few days in advance.
The purpose of Sinai Temple is to worship God in accordance with the Jewish faith; to cultivate a love and understanding of Jewish heritage through education; to stimulate fellowship in the Jewish community; to strengthen bonds of loyalty with Jewish people everywhere; and to bring nearer the Dominion of God on earth through an emphasis on righteousness (tzedakah), commandments (mitzvot), and goodwill (gemilut hasidim) to one another and to society at large.