

Rabbi Alan Cook Rabbi Emeritus Norman Klein Rabbi Emeritus Isaac Neuman Z"L

3104 W. Windsor Road & Champaign, IL 61822 & (217) 352-8140 & www.sinaitemplecu.org



Get your table reserved now because seating is limited!

- WHEN: Saturday, February 23rd, at 7 PM. The program will begin at 7:15 sharp!
- WHERE: Sinai Temple, North and South Pods
- PRICES: A table of 8 for \$96. A single seat for \$12. Category Sponsorship is \$125. There are 10 categories with 10 questions each. Sponsorship and a Table of 8 for \$200.

It is BYOB but soft drinks will be provided. There will be more information to come concerning food, prizes, and categories.

Please contact Bart Greenberger at 217-597-1357 or email Bart at bart.greenberger@yahoo.com if you want a table or a sponsorship. You can also call the office with the information, 352-8140 or go to the online reservation form: <u>https://sinaitemplecu.org/sinai-temple-trivia-night-2019-</u> reservation-form/



Hands-Only CPR is a community based training and is an easy, effective way for any bystander, especially if they act immediately, to double or triple a cardiac arrest victim's chance of survival and has been shown to be as effective as conventional CPR.

Please join us for this community event and learn how to save a life.

This class is free but please register to ensure that we have an adequate number of instructors and mannequins. You can register at Signup Genius: https://www.signupgenius.comgo/60b0c4ea8ad28a02 -hands.

Please call Leanna at 217.378.5155 if you have any questions.

# - Schedule of Services

**FRIDAY, FEBRUARY 1** 5:30 PM Erev Shabbat First Friday Service & Dinner

FRIDAY,FEBRUARY 87:30 pmErev Shabbat Service

**SATURDAY, FEBRUARY 9** 10:00 AM Egalitarian Traditional Minyan FRIDAY, FEBRUARY 15 5:30 PM Shabbat Rocks!/Next Dor

7:30 PM Erev Shabbat Service

## FRIDAY, FEBRUARY 22

7:30 PM Erev Shabbat Service

SATURDAY, FEBRUARY 23 10:00 AM Egalitarian Traditional Minyan

*Bulletin Submission:* The deadline to submit information for the March Bulletin is February 15th. All submissions may be edited for length and content. EMAIL submissions to: Roxanna Davison, assistant@sinaitemplecu.org.

Sinai Temple Bulletin

Join us for

Shabbat

# From Rabbí Alan Cook's Desk



Mishenichnas Adar, Marbim B'Simcha—when Adar enters, happiness increases!

This popular saying about the Hebrew month of Adar stems in part from the fact that Adar is the month in which Purim falls. When Adar starts, therefore, Purim can't be far behind! The Hebrew month of Adar will begin this year in early

February. But because of complexities of the Hebrew calendar, we are actually blessed with TWO months of Adar this year (Purim is celebrated in Adar II; our Purim celebration and megillah reading will take place on Wednesday, March 20).

Because the Hebrew calendar is a lunar calendar, it does not align perfectly with the secular Gregorian calendar, which is a solar calendar. Thus, if it were not "corrected" every few years with the addition of an extra month, Passover would sometimes be observed in the winter, and Chanukah would be observed in the summer (see, for instance, the lunar Islamic calendar, whose festivals move around each year).

We're commanded (it's an actual mitzvah!) to be silly on Purim, and on the surrounding days. I'm even devoting my current Sunday morning Adult Education series to the topic of Jewish Humor. Join us most Sundays when Religious School is in session, from 11:30 AM-12:30 PM.

There are many wonderful humorists that come out of the Jewish tradition, and many wonderful jokes. I'll leave you with just a few to whet your appetite for the merriment of Adar:

"Hereshel Ostropole [a commonly cited figure in early Jewish humor] tried to make his living as an antique seller.

Prominently featured in his shop was a large framed blank canvas.

Eventually, a customer took interest in the canvas and asked about its price.

"This is an old and famous painting," Hershele said.



### Yiddish Cabaret Night

Please join the **Urbana Yiddish Ensemble** for a free evening of Yiddish music at Sinai Temple on February 2 at 7:00 pm. This cabaret event showcases Yiddish theater songs, Yiddish traditional folk songs, and lively klezmer instrumental music (with dancing!).

You are invited to bring wine, beer, and other libations. Some snacks will be provided; snacks to share are welcome. The Urbana Yiddish Ensemble features **Jacqueline Ross** and **Lev Marshall** (vocals), **Frances Harris** (violin), **Maria Merkelo** (accordion), and **Mitch Harris** (Tumler/Master of Ceremonies)

Everyone is welcome! Please join us for a fun evening of Yiddishkeit.

"But it's blank!" the customer replied.

"No, it just looks that way. Come closer and let me explain... This is an actual depiction of the crossing of the Sea of Reeds done by one of Moses' relatives. It's very valuable."

"How can that be?" the customer demanded. "There's nothing there! Where are the Israelites, for example?"

"When the painting was made, the Israelites had already crossed over!"

"What about the Egyptians?"

"The Egyptians hadn't gotten there yet."

"Ah. But what about the water? Where's the water?" "Don't you remember your basic bible stories? The waters had already parted!"

Mr Goldstein is sitting on the porch outside his retirement community in Miami Beach, He sees a farmer in the distance struggling to push a wheelbarrow down the road, and goes to greet him.

"Hello," says Goldstein.

"Hello," says the farmer.

"Where are you going?"

"To town."

"What's in the wheelbarrow?"

"Manure."

"Manure?" says Goldstein. "What do you do with that?" "I spread it over my strawberries," replies the farmer.

"Well," says Goldstein. "You should join me for lunch here someday. We use sour cream."

A merchant from Lublin orders a shipment of groceries on consignment from Warsaw. Instead of receiving his order, he gets a telegram: "Sorry, cannot fill order until previous order is paid." The merchant sends a reply telegram: "Please cancel order. Can't wait that long."

Enjoy!

B'Shalom,

Rabbi Alan Cook

# From the Board

The Sinai Temple Security Committee has been working to learn how best to keep our community safe. Representatives of the committee have attended training sessions provided by the FBI and other law enforcement officials and sifted through a variety of other resources to determine best practices. In addition, they have conducted a survey of our Temple membership about security needs, desires, and concerns. I am happy to report that there was a great response from our community in filling out the survey! Thank you to everyone who participated!

This month, we will start implementing some of the measures they have found to be the most effective. First off is an "ALICE" training session on January 27. ALICE, which stands for "Alert, Lockdown, Inform, Counter, Evacuate," is a training program to teach people how to respond when there is an active shooter in the building. This is a training program that is widely used in schools, houses of worship, and businesses. It was strongly recommended by Lt. Mark Vogelzang of the Champaign Police Department, who attended the special security Board meeting in November.

The second measure will be a "Hands Only CPR" training session. This will be an opportunity for all of us to learn how to apply simple lifesaving techniques to a person in need. This training does not directly address treating wounds in the event of an attack, but it is a critical technique for helping those who have stopped breathing for any reason.

The CPR training session involves working on mannequins with simulated injuries. It will take place from 1-3 pm on Sunday, February 10, in the North and South Pods of Sinai Temple. The training is free and open to everyone, but it is important to let the organizers know how many people will be attending, so they can plan for a sufficient number of trainers and mannequins. Please register for the training at: <u>https://www.signupgenius.com/go/60b0c4ea8ad28a02-hands</u>

Sometime in March, there will be a third training session, teaching us how to apply tourniquets in case someone has been wounded. This is another training program that Lt. Vogelzang recommended we implement. He stressed that this technique, when properly applied, significantly increases people's chances of surviving an injury.

For the foreseeable future, we plan to keep the Temple doors locked at all times. Some additional lighting is being installed in the parking lot, and we have upgraded some of our security alarm systems. Other initiatives will be announced in coming months. The Board of Trustees takes our responsibility to protect the Sinai community very seriously. We do not raise these issues to be macabre or to instill fear but rather to heighten awareness on the part of the congregation. Let us continue to build a safe and peaceful environment that welcomes all who want to come here to worship, learn and enjoy. February is one of the only months this year without a major Jewish holiday, so Sinai Temple is compensating by scheduling one of our favorite events to warm up the last full month of winter! I am referring, of course, to Trivia Night. Those who attended last year's event had a wonderful time teasing their brains, enjoying a glass of wine, and feasting on homemade desserts. If you weren't there last year, I urge you to give it a try. Not only will you have a great time, but the proceeds go to support Sinai Temple—a win-win if ever I saw one! If you haven't yet reserved a seat or table, there is still time. Please contact the Temple office to sign up, or watch for the electronic sign-up link in your weekly e-mail blast.

See you in Temple!



## SINAI TEMPLE JANUARY 2019 BOARD MEETING

### Upcoming events of interest to the community:

- ✤ Feb. 2, Yiddish Cabaret, in the Davis Chapel
- ✤ Feb. 23, Sinai Trivia Night in the North and South Pods
- March 1-3, Landau|Zinder, the architectural firm that was chosen for the upcoming temple renovations, will be in town to attend services and meet with Sinai Temple groups

### The Sinai Security Committee updated the Board.

- Some committee members attended security training in Springfield given by the FBI. Primary ruleof-thumb suggestion: "If you see something, say something."
- The committee received and tabulated the results of the email survey about temple security. About 160 replies were received. The main takeaway was the majority of us feel safe at Sinai.
- There have been some requests for training around security-related topics, and, together with January's ALICE training and February's "Hands Only CPR" training, the committee is planning "Stop the Bleed" training in March. More information to follow.

February is a short month, in terms of the number of calendar days, but this February is PACKED with exciting events and opportunities. Recently, the B'nai Mitzvah class did a text study on Shabbat and as part of their requirements for the class, they were asked to celebrate or observe Shabbat in a way that is different from their regular observance. A long list of ideas, including lighting candles and reciting Kiddush for a month to preparing a Shabbat dinner for guests was generated. With the experimentation, they were asked to write a reflection and then to discuss their choices and how they felt after observing Shabbat in a way that pushed them beyond what they regularly do. Introducing something as brief as saying a few table blessings or making an effort to have a Shabbat lunch made them think about how Shabbat gives us a time to recharge, to celebrate, to be connected to our Jewish community.

Life is easy when we get into a routine, but it is always exciting to have change. February will offer you both—change and routine—when it comes to Shabbat and Sinai Temple! As we challenged the B'nai Mitzvah students to celebrate Shabbat in a new way, please consider accepting the same challenge. We have some unique Shabbat opportunities, and you are encouraged to join us for each of them!

**Friday, February 1**—First Friday Shabbat service and dinner. This is a relatively new Shabbat celebration at Sinai Temple. Rabbi Alan and a group of volunteers make a delicious dinner. Services are early (5:30) and dinner follows. This s perfect for people who have an early bedtime but still want to celebrate Shabbat with community.

**Friday, February 8**—CUTY will lead Shabbat tefillah and provide the oneg Shabbat. Our teens are excited to help lead the congregation with music, prayer and words of reflection.

**Saturday, February 9**—Egalitarian Traditional Minyan. This minyan meets 1-2 times each month and offers the congregation a regular Torah reading as well as a more traditional worship style. There is always a Kiddush lunch to follow and it is a wonderful way to gather with the Sinai Temple community on Shabbat. This Shabbat will be particularly special because Rabbi Efrat Rotem, and Israeli ordained Reform rabbi, will be leading the morning blessings.

**Friday, February 15**—Teacher Appreciation Shabbat. All are invited to recognize and honor our religious school and Hebrew school teachers. We begin the evening with an early dinner (5:30) and follow that with two worship options—Shabbat Rocks! And Next Dor.

**Friday, February 22**—CU at Home for Shabbat. This is a new program that is a collaboration between Hillel and Sinai Temple. Our goal is to pair small groups of students from Hillel with families in our community who will host them for Shabbat dinner. We are in need of families to host the students—if you are interested in connecting with the campus community, hosting some students in your home, and doing a mitzvah, please contact Rabbi Jody! Both Hillel and Sinai Temple will hold a brief Kabbalat Shabbat service before Shabbat dinner.

"More than Jews have kept Shabbat, Shabbat has kept the Jews." This quote is attributed to Israeli poet, Ahad Ha'am. We know from the Talmud and the Torah (it's even in the BIG 10) that we are commanded to remember and guard Shabbat. Shabbat is a gift that we were given by God, and we have an obligation to preserve the day.



## DATES TO KNOW:

RELIGIOUS/HEBREW SCHOOL DATES: Sundays: February 3, 10, 17, 24

Wednesdays: February 6, 13, 20, 27

SHABBAT ROCKS!/NEXT DOR: Friday, February 15 (Teacher Appreciation Shabbat)

### THREE AND UNDER CHAVURAH

Thursday, February 7 5:30-7:00

# Announcements

#### ADULT EDUCATION Sundays, 11:30 AM-12:30 PM

On most Sundays when Religious School is in session, we are pleased to offer our Adult Education. Classes are open to the entire community, regardless of whether you have a student enrolled in Sinai Temple Religious School. Come grab a cup of coffee from Sinai Cafe, and enjoy learning with your friends.

### TORAH STUDY Saturdays, 9:00 ам

The Sinai Temple Torah Study Group meets in the Sinai Temple Library, and all are welcome to attend our stimulating lay-led discussions. Throughout 5779, we will begin exploring the entirety of the Tanakh, not just the Torah. Newcomers are welcome to come study with us!

### **BOOK GROUP**

### Sunday, February 17, 2:00 PM

The Book Group usually meets the third Monday of the month at 7:30 PM, however during February, we will meet on Sunday, February 17 at 2:00 PM. We will be reading *Educated: A Memoir* by Tara Westover. Host and Facilitator: Reva Egherman, 1816 Augusta Dr., C. (356-3243) Contact Person: Susan Schomer (359-2938).

## GENTLE CHAIR YOGA

#### Tuesdays, 10:45 AM to 11:30 AM

SHAL\*OM! Please come and try your first class for free! People have said the class is calming, refreshing and provides a nice, gentle stretch and great start to their day. **Be sure to let Robin know that you are coming** by by phone 217-367-8053 or email robinfans1@gmail.com.

### VIMs

### Thursday, February 7 at 11:45 AM

Calling all women 55 and older, come join us for lunch and fellowship at Houlihan's in Champaign. We meet the first Thursday of the month. If you would like to join us, please email Astrid Berkson at astridjb@comcast.net.

## DURING INCLEMENT WEATHER,

Please call ahead for office & event closings and watch for email updates.



### *Thank you to all the volunteers*, who helped provide over 350 meals for the men's shelter for January. Once again we were able to provide fresh fruit and healthy sandwich options for the vulnerable population.

# **A Documentary Short**

by: Ethan Grinberg

# Art Theater February 24th, 7–9:00 pm

Sinai Temple's own, Ethan Grinberg, has created a documentary called *R.S.* It is a film about Ray Spooner, (Sinai Temple member) a midwife who was diagnosed with ALS. Upon his diagnosis, he decided to go on a 3000 mile bike ride across the United States. The film chronicles his journey and his hardships. The screening will also function as an advocacy event, raising awareness for MDA and ALS. The filmmaker, Ray's wife and MDA representatives will all speak at the event and open it up to a question and answer session.

CHAI LUNCHEON "My family story—from Ethiopia to Israel" Tuesday, February 12th at 11:15 AM Sinai Temple

Guest speaker Waga Brok, Jewish Agency Israel Fellow from Illini Hillel, will Speak on her experiences within the Ethiopian Jewish community.

Lunch will be served and the cost is \$5.00. Please RSVP by Thursday, February 8 by contacting the CUJF office, 367-9872 or cujf@cujf.org. Transportation is available upon request.

# Giving

#### **BIRNBAUM CAMP FUND** Freda Birnbaum

#### **BUILDING FUND**

Richard & Ilana Akresh Hilda Banks Laura & Anthony Bleill Mitch & Kim Fisher Natalie Frankenberg Abigail Jahiel & Thomas Lutze Natalya & Nikolai Matatov

### **GENERAL FUND**

- June Gronik
- Gayle & Ira Kopin, in memory of Dena Lindado
- Amy Fuller Novak, in memory of Tony Novak
- Myron & Sonya Sholem, in memory of Jerome Sholem and in memory of Faye Sholem

Judith Siess & Stephen Bremseth, in memory of Chester Siess William & Fran Strauss

### **KITCHEN/ONEG FUND**

Howard Berenbaum & Megan McLaughlin David & Mary Ann Berg Robert & Lauren Boucek Joyce Nagel Eisenstein Andrew Gewirth Abigail Jahiel & Thomas Lutze Elyse Rosenbaum & Robert Smith Art Siegel & Marcia Monaco Siegel Buddie Tepper

### LIBRARY FUND

Henrietta Schwartz & Sue Brim, in memory of Henrietta Israel Schwartz and in memory of Abraham Lapedes

#### MARTIN LUTHER KING SCHOLARSHIP FUND

Ellen Jacobsen-Isserman Julia Kling Warren Lavey & Holly Rosencranz Rob & Diane Ore Bruce Reznick & Robin Sahner John & Bette van Es

### RABBI'S DISCRETIONARY FUND Nathaniel & Eliza Forsythe

#### YESOD L'ATID RENOVATION FUND

- Judy Bach, in memory of Aaron Averbuch and in memory of Trudy Averbuch
- Joyce Nagel Eisenstein, in memory of Aaron Averbuch
- William & Phyllis Gingold, in memory of Aaron Averbuch
- Don & Joyce Francisco, in memory of Aaron Averbuch
- Bernice & Laurence Lieberman, in memory of Aaron Averbuch

## UPDATE FROM SINAI RENOVATION COMMITTEE

Much has changed for the Sinai Renovation Committee (SRC) since the last newsletter update! The in-town architect who was working with us decided that they weren't interested in continuing our project, so our plans for a December kickoff were dropped.

There is a silver lining, however: we were able to return to Landau-ZInder, which was the architect preferred by the SRC last Summer. Within a few weeks in December and January, we negotiated and signed an agreement with Landau-Zinder for an initial design. (The contract does not go further, although we hope to continue the work with them after that.)

The design effort will kick off on March 1, when their two principals (Michael Landau and Josh Zinder) attend First Friday services. This is the beginning of a busy weekend with them, during which they will also attend the Egalitarian Traditional Minyan, meet with the Board and SRC, and give a presentation to interested members of the congregation about synagogue design, which is their specialty.

We hope that you plan to come to events the weekend of March 1, meet our architects, and share your input during this early stage of the renovation process.

Jacob & Ruth Sosnoff, in memory of Janice Greenberger

Please send your donations made payable to Sinai Temple. Only donations of \$15.00 or more per fund and honoree will be listed in the Bulletin.

This listing only reflects donations received through mid-January. Donations received after this date will be acknowledged in future Bulletins.

# Sinai Temple Gift Shop

(All Gift Shop profits go to support the Religious School)

## FEBRUARY SPECIAL

20% OFF ALL in-stock jewelry, collectible boxes and dreidls

### **UPCOMING B'NAI MITZVAH**

Max & Sophia Libman, March 9 Nessa Bleill, March 30

### **REGULAR HOURS OF OPERATION**

Sundays 9:00 AM-12:30 PM (during Religious School) Wednesdays 4:00 PM-5:30 PM (during Hebrew School)

# But we are ALWAYS open by APPOINTMENT.

Email: nataliefr@comcast.net or call Natalie Frankenberg (390-4168), Jessica Kopolow (417-8699) or Pam Olson (384-4335). Cash or checks are always welcome. Credit cards accepted for charges over \$25. We now accept Visa, MasterCard, American Express and Discover using SQUARE.

# Memoríals

Friday, February 1	Abraham Adler ( 2 Feb) Adolph A. Adler ( 2 Feb) Frances Aub Bloomfield ( 8 Feb) Sidney R. Cooperband (30 She) Max Creinin (28 She) Elwood L. Fabert ( 2 Feb) Dorothy Finkin ( 2 Feb) Lena Garber ( 8 Feb) Phyllis Terry Gillies ( 3 Feb) Zelda Ginsberg ( 2 Feb)	Loretta Lee Goldberg (28 She) Charles Hammer ( 6 Feb) Edward P. Katz ( 2 Ada) Ursula Rothfels Konigsberg (27 She) Herman Lewis ( 4 Feb) Tony Novak ( 8 Feb) Ann Brodsky Pass ( 8 Feb) Shirley S. Porton (29 She) Channa Reizman (27 She) Frances Rosenberg ( 8 Feb)	Edward Louis Roth ( 6 Feb) Florence Schutz ( 6 Feb) Faye Siegal Sholem ( 6 Feb) Florence Ethel Viscomi (29 She) Rufina Vyshedskaya ( 3 Feb) Florence F. Weingarten ( 7 Feb) Helen Kuhn Wiese ( 2 Feb) Stanley J. Wolowiec ( 7 Feb) Leon Zibel ( 4 Feb)
Friday, February 8	Marilyn E. Adleman (12 Feb) Allen Bach (12 Feb) Nora Beloff (12 Feb) Abram Dankowicz ( 9 Feb) Joshua Eisenstein (12 Feb) Samuel Garber (12 Feb) David Gingold (12 Feb) Martin Glezer (11 Feb) Harriett Gore (14 Feb) Betty Barker Greenstein (14 Feb)	Florence Dorothy Hamburg (12 Feb) Boris Isaac Katz (10 Feb) Jacob M. Kaufman (10 Feb) Anna Klein ( 5 1Ad) Rose Adler Kuhn (14 Feb) Charles A. Kulwin (11 Feb) Esther Liebersohn (15 Feb) Nissim Morhaim ( 7 Ada) Juliana Wertheimer Neuwirth (10 Feb) Gerald William Pafford (13 Feb)	Isadore William Pearlman (14 Feb) Lionel (Rick) Romero (10 Feb) Bernice E. Schwartz (9 Feb) Harriet Sherman (14 Feb) Edward S. Talley (12 Feb) Ruth Weinberg (5 1Ad) Howard E. Zimmerman (12 Feb)
Friday, February 15	Milton Derber (19 Feb) Robert Graff (18 Feb) Marcus Maxwell Joffe (18 Feb) Ann Kapulskey (14 1Ad) Barbara Klein (17 Feb) Rossie Kohen (21 Feb) Alice Kushner (20 Feb) Edith Levy (19 Feb)	Ruth Morton Lynx (21 Feb) Jenny Mandel (21 Feb) Marian Brenner Matzkin (16 Feb) Leo I. Nagel (22 Feb) Rebecca Rous (20 Feb) Maurice Silver (20 Feb) Martin Spatt (17 Feb) Lillian Spivak (21 Feb)	Sylvia G. Stolurow (19 Feb) Anna Tepper (21 Feb)
Friday, February 22	Marilyn Deborah Agran (28 Feb) Mildred Brusiloff Appel (23 Feb) Beverly Rosenfeld Cohen (28 Feb) Stanley Depper (24 Ada) Adam Ira Feinberg (28 Feb) Hannah Freudenstein (23 Feb) Rita Mae Goodman (22 1Ad) Ethel Hymowitz (22 Ada) Orville S. Kahn (27 Feb)	Joan Wendy Karp (25 Feb) Lloyd Kraus (26 Feb) Malcolm Lachman (25 Feb) David Markoff (27 Feb) Ralph Newman (24 Feb) Harry Rosenberg (27 Feb) Aron Rosenstein (28 Feb) Dorothy Rosenstein (26 Feb) Dora Banks Simon (23 Feb)	Daniel L. Smith (26 Feb) Stephen Nathaniel Tager (25 Feb) David Tepper (29 Feb) Fay Tepper (26 Feb) Judy Green Tupac (26 Feb) Louis Vineberg (26 Feb) Arthur Winakor (25 Feb)

Adding memorials to your membership record is simple. Just call the Temple office 217-352-8140 or email us at stoffice@sinaitemplecu.org and let us know the name of the deceased, their relationship to you, and the secular or Hebrew date you wish to observe their yahrzeit. If you are unable to attend services and wish to reschedule the observance, please let us know a few days in advance.



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**RETURN SERVICE REQUESTED** 

The purpose of Sinai Temple is to worship God in accordance with the Jewish faith; to cultivate a love and understanding of Jewish heritage through education; to stimulate fellowship in the Jewish community; to strengthen bonds of loyalty with Jewish people everywhere; and to bring nearer the Dominion of God on earth through an emphasis on righteousness (*tzedakah*), commandments (*mitzvot*), and goodwill (*gemilut hasidim*) to one another and to society at large.



Would you like to help sponsor our Bulletin? Contact Roxanna in the Temple office for more information!