

Schedule of Services

FRIDAY, AUGUST 2 5:30 PM Erev Shabbat First Friday Service & Dinner

FRIDAY, AUGUST 9 7:30 PM Erev Shabbat Service

FRIDAY, AUGUST 165:30 PMShabbat Rocks! / Next Dor7:30 PMErev Shabbat Service

SATURDAY, AUGUST 17 10:00 am Egalitarian Traditional Minyan

FRIDAY, AUGUST 23 7:30 PM Erev Shabbat Service

FRIDAY, AUGUST 30 7:30 PM Erev Shabbat Service

SATURDAY, AUGUST 31 10:00 AM Egalitarian Traditional Minyan

The Office will be CLOSED on Monday, September 2nd in observance of Labor Day.



We are brining the opportunity to Sinai Temple on **Sunday, August 18, 9:00 AM–1:00 PM** to make it easy for you to donate!

Sign up early to get your preferred time slot at https://tinyurl.com/y4w6mk6v

A single blood donation will save up to 3 lives right here in our own backyard

Community Blood Services is the SOLE supplier of blood to area hospitals including all Carle and OSF facilities

The #1 use of the blood product is to help those battling cancer

You dump a whopping 650 calories with one donation and can skip the gym

Free snacks . . . and you can afford to eat lots after you donate

Monday, September 2, 9–Noon



We will be cleaning up our building and its grounds, All ages and abilities are welcome to join. We will have indoor tasks such as vacuuming, dusting, polishing silver. We will also have

minor physical outdoor tasks such as pruining bushes and trees, planting flowers, etc. (nothing labor intensive).

If you intend to work outdoors, please bring gloves and other items for yourself or others to use such as rakes, trimmers, etc.



See Insert for Religious School
New Year Greeting Sign Up Sheet . . .

Sinai Temple Bulletin

From Rabbí Alan Cook's Desk



If you've been at Sinai Temple for our Purim carnival in the past few years, chances are you've seen me walking around wearing a full-body costume of the character Olaf from Frozen. As I write this, I am spending my faculty time at OSRUI (Olin-Sang-Ruby Union Institute), where Olaf has made another appearance. The costume which is warm and cozy in Champaign during late winter/early spring

becomes a bit of a walling sauna in a ninety-degree Wisconsin summer. Wearing it is slightly uncomfortable, but as Olaf says, "some people are worth melting for . . ."

The young people at camp are certainly "worth melting for," but I'm not presenting myself as a martyr for dressing up in the summer heat. Rather, I share this story to talk about the ways that camp helps our young people to embrace and internalize Jewish values.

This summer, I am working with the Kallah unit, geared (during the session in which I am working) to young people entering grades three through five. There are two themes guiding our time together this summer. The first theme is "*middot*," Jewish values. In particular, we are exploring the qualities of *kavod* (honor), *ometz* (perseverance), *tsumet lev* (active listening), and *derecho eretz* (showing regard for the needs and norms of the community). Overlaid onto this discussion is our second theme of superheroes. So, for the first day of the session, my colleague Cantor Adam Kahan dressed as Captain America, I dressed as Olaf, and a few of the madrichim (counselors) dressed in other costumes.

traditionally considered to be a superhero, you are absolutely right. Neither is a 19-year-old bearded college sophomore dressed as a blue unicorn called "Unicorno." But that's one of the key points of the lessons we've been trying to impart to the young people with whom we are working. One need not have a cape or a secret identity or a fancy costume or any of the other traditional trappings of superheroes promulgated by comic books, movies and television shows. Our Jewish superpowers come from within, as we do our best to live out values that will build our character and that will help make our world a better place.

The *A leinu l'shabe'ach* prayer that is found at the end of a Jewish worship service traditionally consists of a number of paragraphs that praise God and talk about the vision of a messianic future in which all will understand their responsibility to please God by doing holy acts, and to work to improve the world. At OSRUI, we condense the final paragraph into a single phrase, *l'taken olam b'malchut Shaddai*, which can roughly be translated as, "We have the responsibility to perfect the world according to God's design." By engaging in acts that strengthen our community and exemplify social justice, we discover our own superpowers that can help to save the world.

Then may we realize that every person in this world has intrinsic worth and deserves having us stick out our necks for them.

Or, to paraphrase Olaf, "All people are worth melting for."

L'Shalom,

Rabbi Alan

Now, if you are thinking to yourself that Olaf is not



Mazal Tov to **Janis & Maury Topolosky** on the birth of their grandson, Aiden Max Immerman, born June 25 to parents Jenny Topolosky Immerman & Rabbi Brian Immerman.



Bulletin Submission: The deadline for **September Bulletin is August 15th**. All submissions may be edited for length and content. **EMAIL submissions to:** Roxanna Davison, assistant@sinaitemplecu.org.

From President Jacob Sosnoff

Dear Friends,

It is hard to imagine that summer is nearly over. By the time this letter is printed both Rabbi Alan and Rabbi Jody will have served as faculty at our URJ affiliated camp Olin-Sang-Ruby Union Institute (OSRUI). The Rabbis were joined by several of the children from the temple and a few of our teens who serve as camp counselors. My wife and I saw firsthand the benefit of having temple friends keep tabs on our eight year old son who went to OSRUI for the first time in June. Did you know that OSRUI offers programing throughout the year – including family camps in the spring and the fall? It is a great opportunity to experience what Jewish camp movement has to offer.

While Rabbi Alan was away at camp, Rabbi Efrat Rotem and Alex Scheeline were gracious enough to lead Friday night services. I hope you were lucky enough to be able to experience these unique services. We are fortunate to live in a community with so many talented individuals. Do you have a talent or passion that you could share with temple? I ask because I recently found out that my six year old son (who I arguably know well) has a special talent for leaf blowing. Although he is resistant to most chores (as are most six year olds), when it comes to leaf blowing he is more than happy to help. Do you have a special talent or passion that you are willing to share with temple? The Temple is looking for a chair for the social action committee. If you would like to help chart the temple's course on social justice, please reach out to Rabbi Alan or me. By now you have all received your pledge letters in the mail. Please make your best effort to complete your pledges and send them back to the temple soon. As you know, the temple relies on our financial pledges to operate. New this year – thanks in large part to Gary Bernstein - you can securely complete your pledge online at the temple website (<u>https://sinaitemplecu.org/</u><u>menu-membership-pledges/</u>). If you have any questions on pledges feel free to contact me or Kathy Douglas in the temple office.

As the summer draws to a close, I want to remind you that Religious School registration and pancake breakfast will take place on Sunday, August 18th. The other school related reminder is that the first day of religious school is Sunday, September 8th. Other dates to mark in your calendar are Erev Rosh Hashanah on Sunday September 30 and Erev Yom Kippur on Tuesday October 8. The temple will be sending out mailings and emails with more details.

I look forward to seeing you at the upcoming Friday feast on August 2.

Cheers, Jake Sosnoff President, Sinai Temple



SINAI TEMPLE JUNE 2019 BOARD MEETING

- The Board welcomed and introduced new and returning members. Rabbi Alan discussed his D'Var Torah in which the portion focuses on community members making vows to commit to Temple service.
- Some members of the Renovation Committee provided an update. People are pleased with progress being made by Landau|Zinder, and the meetings with the architects have been productive.
- ☆ The annual meeting was a success. Temple members approved the new board as well as an assessment for the Building Fund as well as a security fee.

From our Educator Rabbí Jody Cook



I hope everyone is enjoying their (HOT) summer! Religious School Registration is right around the corner. I am looking forward to another year of engaging young learners. Registration is a family focused event-so come for **PANCAKES**, **REGISTRATION** and **BLOOD DRIVE!**

At registration, you will receive a packet with information provided to us in the past (returning families) or a blank packet (new families). We ask that you review/fill out the forms, return them to the registration table, and decide how you will pay for religious school tuition. We are able take cash, check or credit card for payment. There is an additional fee for credit card payment. Please spread the word to ALL Jewish families in the area—we are excited for another great year and want to include anyone who is interested in our program.

Sunday, August 18, 2019

9:00-11:00 Registration and Pancake Breakfast (details below)

9:00-1:00—**Blood Drive** (sign up early to get a time slot that works for you!) Pikuach Nefesh—saving a life—is a highly regarded mitzvah. We are bringing the opportunity to Sinai Temple to make it easy for you to donate!



CHEF/RABBI Alan *invites* you to the PANCAKE BREAKFAST!



Sunday, August 18, 2019

This event is open to the community. The breakfast will include pancakes (with a variety or toppings and add-ins), fresh fruit, coffee, tea and juices.

Cost: \$5 per person, \$20 max per family If you plan to eat pancakes, please **RSVP** to Rabbi Jody (educator@sinaitemplecu.org) by **August 14.** RSVP is not required but will help to ensure we have enough food! Funds raised will be used to support our wonderful YOUTH PROGRAMMING We need teen/adult volunteers to help take orders

and serve—please let Rabbi Jody know if you can help us out!

Overlook Adventure Park

3-7th Grade Youth

Group Trip

Sinai Temple Junior Youth Group will be going to Decatur for an afternoon of CLIMBING fun! We will spend an hour on the High Ropes Course, play a round of mini golf and of course eat some snacks.



Participants **MUST WEAR CLOSED TOE SHOES** and have a signed waiver.

August 25, 2019

Leaving Sinai Temple at 2:00, returning around 7:00

Cost: \$15 per participant (includes climbing, golf and food)

If you can volunteer to be a parent driver, please email Rabbi Jody! I am looking for two drivers. **RSVP** to Rabbi Jody by **August 20.**



TORAH STUDY Saturdays, 9:00 AM

The Sinai Temple Torah Study Group meets in the Sinai Temple Library, and all are welcome to attend our stimulating lay-led discussions. Throughout 5779, we will begin exploring the entirety of the Tanakh, not just the Torah. Newcomers are welcome to come study with us!

🕽 BOOK GROUP

Monday, August 19, 7:30 рм

The Book Group usually meets the third Monday of the month at 7:30 PM. We will be reading *An Absolutely Remarkable Thing* by Hank Green. Host and Facilitator: Eleanor Feinberg, 2602 Galen Drive, C. (493-2030). Contact Person: Susan Schomer (359-2938).

GENTLE CHAIR YOGA Tuesdays, 10:45 AM to 11:30 AM SHAL*OM! Please come and try your first class for free! People have said the class is calming, refreshing and provides a nice, gentle stretch and great start to their day. Be sure to let Robin know that you are coming by by phone 217-898-9953 or email robinfans1@gmail.com.

VIMs

Thursday, August 1 at 11:45 AM

Calling all women 55 and older, come join us for lunch and fellowship at Houlihan's in Champaign. We meet the first Thursday of the month. If you would like to join us, please email Astrid Berkson at astridjb@comcast.net. (Call for July's Date)

Green Team Tip

This is a good time of the year to check your school and office supplies at home. If you have excess items, donate them to the Idea Store at Lincoln Square in Urbana. The IDEA Store is a nonprofit organization that fosters creativity, environmental stewardship, education, and community through reuse. Check their donation list for store hours and the many types of items you can donate: <u>http://the-idea-store.org/wp-content/uploads/2018/10/Donation-Guide-Lincoln-Square.pdf.</u> Even if you have

nothing to donate, before you shop for school supplies or your next creative project, check the Idea Store—they may have the items you need, as well as materials you might think are no longer available. Profits from the volunteer-staffed store go to support Champaign-Urbana public schools.

Keep a lookout this fall for expanded recycling coming to Sinai Temple. The Green Team welcomes new members as we plan additional fall activities. If you have an idea for a project and would like to join in please contact Alice Berkson at berksonalice@gmail.com.



Foundation for the Future

Over the summer, the SRC met several times with the architects to go over different plans and options for Sinai-mostly via conference calls. The overall design changes for the Sanctuary and Pods are fairly well along, although the SRC is still considering different ways of configuring the dividing walls (for the Pods) and the ceiling (in the Sanctuary). While the SRC has not made final recommendations on finishes, colors, etc., there are some general ideas about how things will look that will be included in the forthcoming renderings. Final recommendations on materials will be based on several factors such as: visual appeal, cost and acoustics.

Since March, when the scope was expanded to include a Master Plan, the SRC has also considered different configurations for the entrance lobby with a focus on changing the front entrance to be both more welcoming and more secure. Based on the plans and the estimated costs that the architects will prepare, the board will be deciding which entrance changes will take place during the Sanctuary renovation, and what will occur at a later date. One decision was made for us by ADA regulations: changing the restrooms that are near the South entrance will be mandatory when we make the accessibility changes to the Sanctuary. So, we know that needs to be part of the first phase of work.

Over the next few months, we hope to have renderings that we can share with the congregation to show the planned changes. As the design moves forward, and the costs are estimated, we expect to have a better idea of timelines for construction.

Giving for June/July

BUILDING FUND

Paul & Celia Arnold Allen Avner Hilda Banks Linda Bauer Carl & Carol Belber Edward & Elaine Bruner Susan Cohen & George Monahan Shira & Dan Epstein Ben & Shari Fox Joan Friedman & Charles Blair Minna Friedman Melissa Frydman Sanford & Elizabeth Hess Ted Hymowitz James & Karin Imlay Brian & Jacque Kahn Charles Kahn & Jennie France Paula Kaufman Judy Lachman Faye Lesht & Joyce Meyer Lilyan Levant **Emily Levin** Andrew & Lisa Libman Daniel & Eileen Lichtblau Gary & Leslie Mason Amy Roady Rachel & Sandi Roegman **Richard & Jacqueline Ross** Mark & Ann Sapoznik Marc & Avigail Snir Elliot Weinberg & Rosalind Faiman Weinberg Jon & Kathryn Weisbaum

CUTY

Benjamin & Jessica LeRoy

PAULA DECKARD FUND

Benjamin & Jessica LeRoy

GARDEN FUND Warren Lavey & Holly Rosencranz

GENERAL FUND

Brenda Lerner Berg in memory of Rosalia B. Treuman Patrick & Amy Broyles, Penguin Project Garth Gerstern & Janet Bercovitz in memory of Davida Stotland, in memory of Ronald Gersten and in memory of Paul Bercovitz Jordan & Jody Konisky in memory of Larry Pass Warren Lavey & Holly Rosencranz Gary & Leslie Mason in memory of Larry Pass Amy O'Dell & Lee DeVille Myron & Sonya Sholem in memory of Harrry Siegel, in memory of Lois Mecklenberger and in memory of Carlyn Gottschalk David Worsley & Nancy Greenstein in memory of Betty & Carl Greenstein, in memory of Louis & Anna Greenstein, in memory of Sam & Ruth Barker, in memory of Helen & Orie Greenstein and in memory of J.D. Worsley

KITCHEN/ONEG FUND

Paul & Celia Arnold Allen Avner Hilda Banks Linda Bauer Carl & Carol Belber Edward & Elaine Bruner Jovce Nagel Eisenstein Shira & Dan Epstein Ben & Shari Fox Joan Friedman & Charles Blair Melissa Frydman Sanford & Elizabeth Hess Ted Hymowitz James & Karin Imlav Charles Kahn & Jennie France Paula Kaufman Judy Lachman Faye Lesht & Joyce Meyer Lilvan Levant Andrew & Lisa Libman Daniel & Eileen Lichtblau Gary & Leslie Mason Brian & Susan McQuaid Amv Roadv Rachel & Sandi Roegman Richard & Jacqueline Ross Mark & Ann Sapoznik Marc & Avigail Snir Jon & Kathryn Weisbaum Elliot Weinberg & Rosalind Faiman Weinberg Betty Weiss Amy Wolff & Aaron Smith

RABBI'S DISCRETIONARY FUND

Benjamin & Jessica LeRoy Richard & Shirley Newman in memory of George Miller

SECURITY FUND

Allen Avner Hilda Banks Linda Bauer Carl & Carol Belber Edward & Elaine Bruner Susan Cohen & George Monahan Joan Friedman & Charles Blair Minna Friedman Melissa Frydman Ben & Shari Fox Ted Hymowitz James & Karin Imlay Charles Kahn & Jennie France Paula Kaufman Judy Lachman Faye Lesht & Joyce Meyer **Emily Levin** Andrew & Lisa Libman Daniel & Eileen Lichtblau Garv & Leslie Mason Richard & Jacqueline Ross Mark & Ann Sapoznik Marc & Avigail Snir Elliot Weinberg & Rosalind Faiman Weinberg Barry & Linda Weiner Jon & Kathrvn Weisbaum

YESOD L'ATID RENOVATION FUND

John Boby & Miriam Greenberg. We would like to thank you for all the years of kindness and generosity you have given us when we have visited our sister, Natalie Frankenberg. Garth Gersten & Janet Bercovitz in

memory of Aaron Averbuch

Please send your donations made payable to Sinai Temple. Only donations of \$15.00 or more per fund and honoree will be listed in the Bulletin.

Memorials for August

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Friday, August 9

Friday, August 16

Friday, August 23

Elizabeth F. C. Aub (3 Aug) Rubin G. Cohn (6 Aug) Justin Lilbert Cooke (7 Aug) Rose Hirsch Ducoff (7 Aug) Sidney Faiman (7 Av) Arthur Gitler (4 Aug) Herbert Goldberg (7 Av)

Dena Braunstein Brandman (15 Aug) Goldie Burack (11 Aug) Percida DelCarmen Chandia (12 Aug) Gilbert Corman (14 Aug) Jeanette Leavitt Davis (10 Aug) Janet C. Dolgin (12 Aug) Laura Eisenstein (14 Aug)

Sim N Avner (18 Aug) Mollie G. Berg (21 Aug) Ruth Berkman (22 Av) Bob Irwin Eisenstein (17 Aug) Craig Gastwirth (21 Av) William Kent Gillies (21 Aug) Arnold Goodman (16 Av) Louis Gordon (23 Aug) Harry J. Harrison (21 Av) Daniel Katz (17 Av)

Mary Adleman (26 Aug) Henrietta F. Alpiner (29 Aug) Simon Aprill (24 Aug) Lisa Anne Busjahn (25 Aug) Norma Florine Deckard (24 Aug) William Wiley Deckard (26 Aug) Howard Ducoff (28 Aug) Anne L. Flagg (28 Aug)

Friday, August 30 Be Do Pol Equilibrium Di Di

Lester Burack (3 Sep) Beatrice Cossman (3 Sep) Dora Egherman (1 Elu) Edwin L. Freudenstein (31 Aug) Joseph Freudenstein (4 Sep) Florence Nagel Howard (2 Sep) Diane Kaufman (31 Aug) Dora Kalis Joffe (4 Aug) Solomon Alexander Klein (8 Aug) Harry C. Loeb (9 Aug) Lester Lowenstein (5 Aug) M. Richard Mehl (4 Aug) Arnold L. Miller (8 Aug) Joseph Mizrahi (7 Aug)

Joseph Farag (14 Aug) Simeon Grinshtein (11 Aug) Dvorah Leah Hamburg (12 Aug) Dorothy Rosenbloom Kaufman (14 Av) Minnie Lachman (14 Aug) Minnie Lachman (14 Aug) Herman Pincus (11 Aug)

Florence Ethel Klein (22 Aug) Samuel Klein (22 Aug) Ida Borowsky Klorfine (22 Aug) Helen Levin (19 Aug) Henny Lewin (17 Aug) Murray London (17 Aug) Hyman Marco (17 Aug) Paul Hyman Meyer (20 Aug) Maurice Robert Morton (21 Aug) Bernard Pass (22 Aug)

Sandra Mae Fromm (25 Aug) Anna Greenstein (25 Aug) Fannie Tepper Kohn (26 Aug) Irwin Raphael Konigsberg (26 Av) Samuel Kranson (30 Aug) Jacob Kurland (30 Aug) Raphael Lemkin (28 Aug) Malcom McKenzie McClure (30 Aug)

Shmariahl Kopelevitch (1 Elu) Ezra Levin (2 Elu) Minnie Levin (3 Sep) Sadye Zimmerman Marco (4 Sep) Jennie Z. Mashkes (4 Sep) Albert E. Rigberg (2 Sep) William Sholem (4 Sep) Cantor Moses Schwimmer (6 Aug) Ray Spooner (4 Av) Ruth Reyman Tager (3 Aug) William Taylor (8 Aug) Fanny A. Wagman (3 Aug)

Malka Shklair (10 Av) Warren Stone (12 Aug) Byron Weisbaum (11 Aug)

Madelaine Reiss (19 Av) Charlotte Rutmann Rendelman (20 Aug) Fannie Sudman (18 Aug) Michael Tepper (19 Aug) Haviva Yairi (23 Aug) Gertrude Rothberg Zveitel (22 Aug) Isaac Zveitel (21 Aug)

Estelle Nelson (28 Aug) Gordon Savran (24 Av) Abe L. Selicovitz (27 Aug) Melvin Sherman (27 Aug) Abe Weinberg (29 Av) Bernice Weinstein (23 Av)

Yetta Silver (3 Sep) Minnie Sosnoff (2 Sep) Alpiner L. Stern (3 Sep) Max Tepper (31 Aug) Mildred Topolosky (2 Sep)

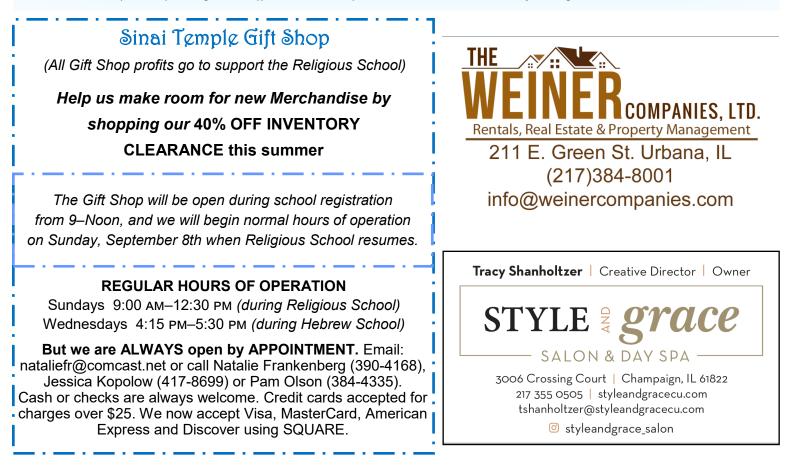


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RETURN SERVICE REQUESTED

The purpose of Sinai Temple is to worship God in accordance with the Jewish faith; to cultivate a love and understanding of Jewish heritage through education; to stimulate fellowship in the Jewish community; to strengthen bonds of loyalty with Jewish people everywhere; and to bring nearer the Dominion of God on earth through an emphasis on righteousness (*tzedakah*), commandments (*mitzvot*), and goodwill (*gemilut hasidim*) to one another and to society at large.



Would you like to help sponsor our Bulletin? Contact Roxanna in the Temple office for more information!