

GREEN TEAM

REDUCE, REUSE & RECYCLE FALL PROJECT CONCLUDES . . . AND CONTINUES!

We had a successful conclusion to our fall 3R project on October 27, 2019. Carol Jo Morgan, Idea Store Co-founder, presented ideas for Green Activities at Home, where everyone in the household can take simple steps to reduce energy use and save money.

The votes in our fall 3R contest produced winners in the three categories:

Reduce -- **Erez Cohen**: Eat less meat by selecting plant based foods.

Reuse -- **Reva Eggherman**: After shopping, put clean plastic bags from fruit and vegetables back into your reusable grocery bag, you'll be ready for your next trip.

Recycle -- **Sarah Bleill**: take plastic bags, plastic overwrap from paper towels, etc., zip-close bags, and dry cleaner bags to grocery and retail stores that accept plastic bags.

See the next page for all of the great contest ideas.

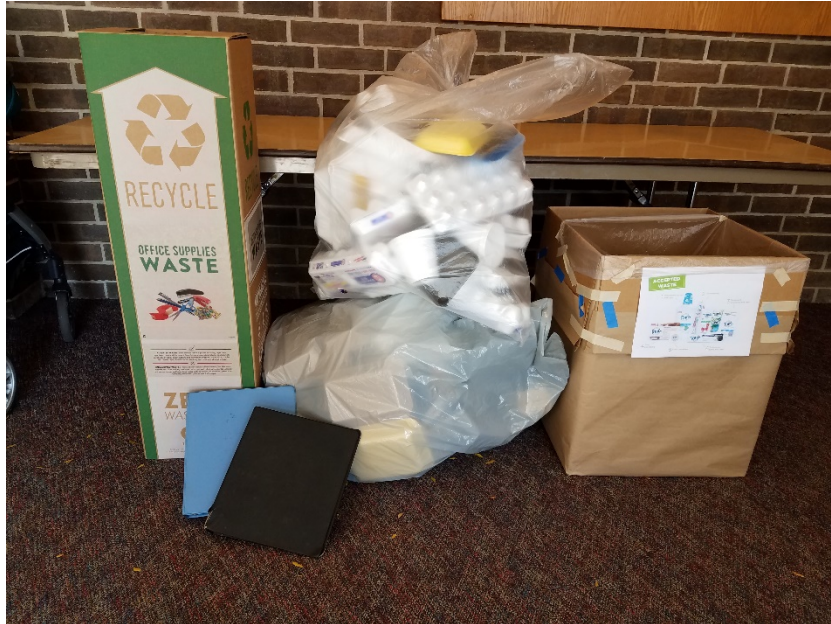
We finished the day by wrapping up our collection of personal care items. We sent off a medium size carton to TerraCycle/Toms of Maine for recycling. We had two large bags of polystyrene (Styrofoam) to take to Dart Industries in Urbana for recycling. Several members brought dozens of used/broken office supply items for our TerraCycle Zero Waste carton.

The Zero Waste Carton is not full, and we have relocated it to the Religious School teacher's room, where you are welcome to continue to bring office supply items until the carton is full. You can bring broken pens, used markers, tape dispensers, desk organizers, card/document filers, binders, calendars, labels/label sheet backing, paper cutters, correction supplies, paper clips, staplers, and binder clips.

Continue to put aside your used personal care items. Sinai Temple members indicated we should continue our recycling efforts, so we will look for a weekend in Spring, 2020 when we can have another recycling event. Please put aside any brand of used mouthwash bottles and caps, toothbrushes, deodorant containers and caps, soap packaging, floss containers, and toothpaste tubes and caps

Thanks to everyone for your participation and remember to reduce, reuse, and recycle whenever you can!

RECYCLE ITEMS ON 10/27/19



CONTEST WINNERS
(from left) SARAH BLEILL, EREZ COHEN, REVA EGHHERMAN

SINAI TEMPLE REDUCE, REUSE, RECYCLE CONTEST OCTOBER 2019

WINNING IDEAS ARE SHOWN IN BOLD

REDUCE IDEAS

- 1) Use a vented microwave cover instead of wax paper, plastic wrap, or paper towels
- 2) Bring an empty reusable water bottle to the airport and fill it up once you've cleared security --there are collapsible bottles that take up very little space.
- 3) Take the bus or ride a bike instead of a car trip.
- 4) **Eat less meat by selecting plant based foods.**
- 5) Increase consumption of sustainably sourced fish by checking the Seafood Watch list or other certification.
- 6) Unplug your cell phone and computer once they are fully charged.
- 7) Remember to turn out lights and use LED bulbs!
- 8) Don't use single use straws, obtain small foldable washable straws to carry with you.
- 9) Instead of plastic wrap or foil, use silicone bowl covers such as Charles Viancin covers, available online or at stores
- 10) Instead of idling your car at a long drive-thru line, park and save gas usage!
- 11) Take a reusable lunch box and inside containers.
- 12) Choose an electric or hybrid car to reduce gasoline use and emissions.

REUSE IDEAS

- 1) Take extra cardboard cartons, packing peanuts, and other packaging to the Pack N Ship Store in Champaign, then purchase used cartons there.
- 2) Purchase mulch and other salvaged products from the Landscape Recycling Center in Urbana.
- 3) Purchase fabrics, sewing notions, craft supplies, and school supplies at the Idea Store in Urbana.
- 4) Reuse old clothes and towels as rags, then use the rags instead of paper towels.
- 5) Wash out and reuse zip-close bags; if you purchase disposable plastic cups, wash them and reuse.
- 6) **After shopping, put clean plastic bags from fruit and vegetables back into your reusable grocery bag, you'll be ready for the next trip.**
- 7) Use old toothbrushes to clean sink drains.

RECYCLE IDEAS

- 1) Take broken metal items to a scrap metal facility like Mack's Twin City Recycling or Mervis Recycling.
- 2) Call your waste disposal company to see what options they have for recycling.
- 3) Purchase copy paper with recycled content.
- 4) Collect used electronics for the city recycling at Parkland College -- check with neighbors or elderly relatives for items.
- 5) Recycle textiles -- take fabrics to the Idea Store and clothing to a consignment store or nonprofit resale shop.
- 6) **Take plastic bags, plastic overwrap from paper towels, etc., zip-close bags, and dry cleaner bags to grocery and retail stores that accept plastic bags.**
- 7) Compost your old produce and eggshells in your back yard!