

3104 W. Windsor Road 幸 Champaign, IL 61822 幸 (217) 352-8140 幸 www.sinaitemplecu.org

Schedule of Services All services are online.

FRIDAY, AUGUST 77:30 PMErev Shabbat

SATURDAY, AUGUST 8 10:00 AM Leyla Cohen Bat Mitzvah

FRIDAY, AUGUST 147:30 PMErev Shabbat Service

FRIDAY,AUGUST 216:30 PMShabbat Rocks! / Next Dor7:30 PMErev Shabbat Service

SATURDAY, AUGUST 22 10:00 AM Egalitarian Traditional Minyan

FRIDAY, AUGUST 28 7:30 PM Erev Shabbat Service

SATURDAY, AUGUST 15 10 AM Ezra Akresh Bar Mitzvah

The Office will be CLOSED on Monday, September 7th in observance of Labor Day.



Monday, September 7, 9–Noon



We will be cleaning up our grounds using face coverings and social distancing All ages and abilities are welcome to join. We will have minor physical outdoor tasks

such as pruning bushes and trees, planting flowers, etc. (nothing labor intensive).

To work outdoors, please bring gloves and other items for yourself or others to use such as rakes, trimmers, etc.

High Holiday Greeting

Share a new year's greeting with members Sinai Temple. By supporting the Sinai Temple Religious School annual Shana Tova greeting project, you will let all members of Sinai Temple know that you are wishing them well, particularly during these times when in person gatherings are limited. There is nothing virtual about the annual greeting card and by adding your name, you are showing your support of the religious school and of our community. Please join this campaign and wish others a SHANA TOVA u'METUKAH – a new year that is filled with goodness and sweetness.

If you would like your name to be included on the New Year card that is sent to the entire Sinai Temple membership, please click on the link below (this will allow you to make the minimum \$18 donation, or a donation of any other amount online) OR send a check (minimum amount \$18) to Sinai Temple. RE: HHD Greeting. 3104 W. Windsor Road, Champaign, IL 61822. Please include HHD greeting in the memo line and email Rabbi Jody (<u>educator@sinaitemplecu.org</u>) to tell her how to list your/ your family's name. Deadline is August 31, 2020.

The purpose of Sinai Temple is to worship God in accordance with the Jewish faith; to cultivate a love and understanding of Jewish heritage through education; to stimulate fellowship in the Jewish community; to strengthen bonds of loyalty with Jewish people everywhere; and to bring nearer the Dominion of God on earth through an emphasis on righteousness (*tzedakah*), commandments (*mitzvot*), and goodwill (*gemilut hasidim*) to one another and to society at large.

From Rabbí Alan Cook's Desk



Many of you know that I enjoy cooking. While I am certainly not a professional, there are certain tricks and techniques from classical cookery that I try to bring into my home kitchen when I cook. One of these is *mise en place*, the emphasis on having everything prepared prior to beginning a recipe. You don't

want to start a cake and discover you are out of sugar, or have a dish scorch on the stove because you've forgotten to grab the container of broth from the refrigerator.

Many aspects of our life would benefit from a similar focus on *mise en place*. When we take the opportunity to prepare ourselves for significant moments in our lives, when we enter a situation having fully considered what we need to bring to it (and what we hope to get out of it), our overall experience of that time may be enriched and enhanced.

These weeks and months leading up to the Hebrew month of Tishrei are an invitation to prepare our personal *mise en place*. They invite us to get ourselves ready for the joy of welcoming a New Year and for the awe-filled experience of standing before our Creator. Most of the other festivals on our annual Jewish calendar encourage us to look to the past, recalling the experiences of our Israelite ancestors as they celebrated the exodus from *Mitzrayim* or rejoiced in the giving of the Torah at Sinai. Rosh Hashanah and Yom Kippur, on the other hand, encourage us to look forward—to imagine what is to come and to visualize our place in that promised future.

Our personal *mise en place* preparations are fulfilled in part through the task of *cheshbon hanefesh*, literally "an accounting of the soul." We strive to assess what good we've done in our lives to date that we wish to carry forward, and what changes are needed in order to achieve a brighter future. We seek to be genuine in this self-analysis, for we have been taught that if we make an honest effort to atone for past misdeeds, God will accept us back lovingly.

The world around us has changed, and continues to evolve. This High Holiday season will be unlike any we have experienced previously in our lifetimes (stay tuned for further notifications about Temple's offerings for the High Holidays). Yet in many ways, it will be precisely the same: we will seek forgiveness from others and from God. We will attempt to turn inward and focus our hearts and minds on the awesomeness and grandeur of the moment. We will hear the familiar melodies and prayer cadences that connect us to this holy season, and to one another. We will establish our *mise en place*, and prepare ourselves for the beauty and majesty of these holy moments.

B'Shalom,

Rabbi Alan Cook

We celebrate today as traditions of the past are shared for the future

Bulletin Submission: The deadline for **September Bulletin is August 15th**. All submissions may be edited for length and content. **EMAIL submissions to:** Kathy Douglas at stoffice@sinaitemplecu.org or 352-8140



A Note from the President will return next month.



Green Team Tip

GOING SOLAR IN C-U!

Perhaps you noticed an announcement in the mail from Nexamp or Clearway, offering savings on electricity for Ameren customers through a community solar farm. This is a legitimate offer – you can sign up and save on your energy costs and support the growth of alternative energy here in Champaign-Urbana. The community solar array is not yet built. Construction will occur once enough households have signed up for the program.

One Sinai Temple member reports that sign-up online with Nexamp was an easy and straightforward process. It is essential to have your Ameren bill at hand to transcribe the account number and other information. You should be aware that once the system is activated, you will receive monthly bills from both Ameren and the solar provider. Nextamp requires that you set up electronic payments, but the bank transfer is not set up until the system is activated. Savings may be around \$20+ per month depending on your energy usage, and there's a bonus Amazon gift card incentive if you sign up this summer.

There is a very clear explanation of the Community Solar program at the Citizen's Utility Board:

https://www.citizensutilityboard.org/blog/2020/01/31/ nexamp-and-clearway-two-new-community-solar-offersavailable-to-illinois-consumers/

Sinai Temple Gift Shop

(All Gift Shop profits go to support the Religious School)

Good News!!!

The Gift Shop is now open by appointment only!

Please contact Jessica Kopolow to set up an appointment and to learn the protocol. You can reach her by phone at 417-8699 or email at jessicakopolow@yahoo.com

Cash or checks are always welcome. Credit cards accepted for charges over \$25. We now accept Visa, MasterCard, American Express and Discover using

Happy 72nd Wedding Anniversary to Dick and Shirley Newman.

Happy 50th Wedding Anniversary to Michael and Peggy Grossman.

Happy 40th Wedding Anniversary to Paul & Celia Arnold.

Best of Luck to Bernice and Larry Lieberman on their move to Fort Collins, CO!

Congratulations to Gene Robinson on his interim deanship appoint of the College of Liberal Arts & Sciences. A national search will start soon for a permanent dean and Robinson will resume his role as director of the Carl R. Woese Institute for Genomic Biology after one year in the deanship.

Congratulations to Kathryn and Jon Weisbaum on their first grandchild, Sloane Avery Ramshaw born July 14, 2020 to Lauren (Weisbaum) and Jay Ramshaw.



Announcements



The Book Group usually meets the third Monday of the month at 7:30 PM.

Due to the Covid-19 pandemic we will be meeting via Zoom until it is again safe to meet in person. An email with the Zoom link will be sent the morning of the meeting. If you wish to participate, and are not a regular book group attendee, please email nataliefr@comcast.net

Contact Person: Susan Schomer (359-2938).

August 17: <u>Avenue of Spies</u> by Alex Kershaw

GENTLE CHAIR YOGA



For those who would like to do chair yoga, online, with Robin, while in your home, please contact her at robinfans1@gmail.com.

She is leading two classes, on Tuesdays and Saturdays at 9:30 through the Zoom website or app.



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Foundation for the Future

Your **Sinai Renovation Committee (SRC)** has been busy this summer! Through biweekly meetings in June and July, the SRC worked with the architects to revise the designs. In some cases, this included large decisions, like the proposal to renovate the current gift shop and library space to create a more flexible and welcoming area. Other decisions were smaller, such as the types of fixtures for the renovated bathrooms?

A bit more about the bathrooms: the current "older" bathrooms (closest to the south entrance... not the ones by the Davis Chapel)) cannot be made accessible in their current form – they're too narrow. The plan is to take over part of the classroom next to them (the Art classroom) and use the extra space to make both bathrooms large enough to meet guidelines. This will then require the Art classroom to move down the same hallway, taking over a classroom that is currently used for storage (the one that is most North-West on the hallway with the older classrooms).

In the next phase, we are working with the architects and contractor to get Detailed Designs – and working with the Board to make final decisions about the scope of the renovation. The next stages will get even more precise, with final drawings and the start of the permitting process.

Sanford Hess, Chair Sinai Renovation Committee

Development Committee

I read a newspaper column that asked people what the first thing was that they want to do when the pandemic is over. I thought about my own response. Yes, I want to travel to see family. But what I most long for is a first Friday that starts with helping in the kitchen, has everyone gathered for Friday night services, and then we move to the pods for Shabbat dinner together.

And the icing on all this is that our renovation will begin in October. We are ever closer to having a renovated sanctuary and pods.

Please consider a gift, or an additional gift, to help bring us back together in renewed spaces. Your gift is critically important as the Board and the Renovation Committee make final choices about what we can or can't do based on funds we have on hand or pledged.

Stay safe and healthy, Wynne Korr, Chair Development August 2020 ~ Av/Elul 5780









Ezra Joseph Akresh will be called to the Torah as a Bar Mitzvah on August 15, 2020. Ezra is the son of Richard Akresh and Ilana Redstone and the older brother of Oren, Zachary, and his favorite, Mango (our golden doodle).

Ezra will be a subbie at Uni High this fall. He plays soccer for the Illinois Football Club and loves playing video games with his friends. He's a budding foodie and enjoys travel, having spent part of last summer in Paris with his Dad and grandparents. His latest challenge has been finding a dress shirt for his Bar Mitzvah that will fit over his arm cast.

He is very grateful for his tutors Rob and Diane Ore and all the wonderful cookies that Diane baked for him while studying.

Hoping you can join us via Zoom on August 15!

<u>https://us02web.zoom.us/j/88548844692</u> . Password will be in the weekly email blast.

Abigail (Abby) Rose Bernstein will be called to the torah on September 5th 2020. Abby is the daughter of Tonya and Gary Bernstein and the sister of Rachel Bernstein. She is entering 7th grade at Urbana Middle School.

Abby enjoys cheerleading for the Urbana Tigers, doing crafts, baking, traveling, playing mini golf and eating pizza and cinnamon rolls. She misses hanging out with her friends and she looks forward to a wonderful celebration once we can safely be together again.

A special thanks to Rob and Diane Ore, Rabbis Alan and Jody, Ben, Daniel and all her religious school teachers who helped her prepare. We look forward to having you join us virtually to celebrate Abby's Bat Mitzvah.

To watch the live stream please RSVP at <u>https://</u> <u>bernsteins.info/Abby2020/RSVP</u>/ to receive a link via email.

Bal Miterah



Leyla Aguiar Cohen's Bat Mitzvah

Leyla was a student at Campus Middle School for Girls for the past 2 years and will be starting 8th grade at University Laboratory High School in the fall. She loves reading and writing (for which she was recently honored with a literary award), biology, particularly cell biology, and physics, dancing ballet and Israeli dance, singing, caring for her four guinea pigs and doing calligraphy. Leyla has studied ballet and music since kindergarden. She is part of CU Ballet Company and has participated in performances of the Nutcracker, Cinderella, Swan Lake and Sleeping Beauty at the Krannert and Virginia theaters, as well as several summer student ballet productions. In the most recent of these productions, Winnie the Pooh, a virtual ballet produced and edited by older sister llana, Leyla delivered a very spirited and engaging performance as Owl directly from our backyard.

Due to the pandemic, Leyla's choices for a special bat mitzvah project became quite limited and her service and celebration on August 8th will be the first virtual b'nai mitzvah in our congregation. Nevertheless, Leyla has been an integral part of a very special family project that started with older sister llana's bat mitzvah. Leyla, along with llana and their mom Andréa, have been teaching and demonstrating Israeli dance to adults and children in the CU community. The three of them have taught Israeli dance as part of PE classes at Campus Middle School for Girls and as elective classes at Sinai Temple Religious school. They have done workshops and led "dance parties" at Urbana Dance Company studio open to the entire community, and this summer, they did lessons from their garage and driveway and at Morrisey Park for a group of Leyla's friends. They have done demonstrations at Carey Busey and Montessori of CU schools and at the campus YMCA International Night. This is a project they are quite passionate about and see it as their very personal way of making a mitzvah: using Israeli dance to build connections while sharing a bit of Jewish culture and traditions with the community at large.



Link to youtube service: https://youtu.be/8edolTlvjNc

Campus Middle School for Girls is extremely proud to announce our students' extraordinary achievements in this year's Letters About Literature in Illinois competition.

Two of the three state winners this year are CMS students:Lena Miller for Level I (Grades 4-6) and Leyla Cohen for Level II (Grades 7-8).

All sixth grade students in Ms. Giermak's class who entered the Level I competition were recognized with Honorable Mentions or better. Even though CMS students made up only 1.1% of the 1115 Level I entries statewide, they made up 20% of the Finalists, 7% of the Semi-Finalists and 2% of the Honorable Mentions.

Seventeen seventh grade students from Ms. Hogan's class entered the Level II competition, representing just under 1% of the 1708 entries. CMS students represent 10% of the Finalists, 7% of the Semi-Finalists and 1% of the Honorable Mentions statewide.

This is an unprecedented achievement for CMS students, and is especially poignant in the wake of Ms. Giermak's passing earlier this year. As all of her students will attest, Ms. Giermak worked tirelessly to foster a lifelong love of reading in her students, and devoted a great deal of time in class and after school to help sixth grade students prepare their entries in the Letters About Literature contest.

Letters About Literature in Illinois a statewide reflective writing competition sponsored by the Illinois Secretary of State and the Illinois Center for the Book. The program invites students in grades 4-12 to write a letter to an author (living or dead) of a book, story or poem that was personally meaningful to them. State winners receive a \$200 cash award, and teachers of winning students also receive \$100 to purchase books for their school library.

Giving for June/July

BUILDING FUND

Larry Adelston & Katherine Coyle Mark Althouse & Anna Mehl Hilda Banks Linda Bauer Carl & Carol Belber Laura & Anthony Bleill Brian & Terre Braun David & Sadie Braun Edward & Elaine Bruner Dov Cohen & Andrea Aguiar Ron & Leanna Cossman Bill & Reva Egherman Robert Ferrer Matthew & Eleanor Finkin Ben & Shari Fox Natalie Frankenberg Joan Friedman & Charles Blair Minna Friedman Robin & Bruce Goettel Nigel Goldenfeld & Joan Campagnolo Sanford & Elizabeth Hess Ted Hymowitz Hagit Itzkowitz Richard & Judith Kaplan Paula Kaufman Debra Karplus Jessica & Daniel Kopolow Wynne Korr Charles & Joan Kozoll Judy Lachman Michael & Sheri Langendorf Ben & Jessica LeRoy Lilyan Levant Andrew & Lisa Libman Greg Muchnik & April Keaton Pam & Ken Olson Karen & Geoffrey Ray Amy Roady Rachel & Sandi Roegman Randall & Jill Rosenbaum Richard & Jacqueline Ross Alexander Scheeline & Alice Berkson David & Jan Sholem William & Fran Strauss Stacy & Jason Trager Barry & Linda Weiner Elizabeth Weiss Ruth Youngerman William Youngerman

FRIENDS OF THE RELIGIOUS SCHOOL

Natalie Frankenberg, in honor of the Confirmation Class

GARDEN FUND

Stanley & Joan Levy, in honor of Peggy and Michael Grossman's 50th wedding anniversary

GENERAL FUND

Paul & Celia Arnold, in memory of Cantor Moses Schwimmer Hilda Banks, in memory of Mira Hamburg Stephanie Brownstein

- Garth Gersten & Janet Bercovitz, in memory of Zelda Greenberg, in memory of Davida Stotland, in memory of Ronald Gersten and in memory of Paul Bercovitz
- Harold & Leah Gluskoter, in memory of Vera Korry Alan & Lynne Grusby, in appreciation to Kathy
- Paula Kaufman, in memory of Harry Kaufman
 Craig & Ellen Mandel, in memory of Mira Hamburg
 Richard Pikowsky, in memory of Harry Pikowsky
 Matti & Drora Shalev, in honor of Torah Study
 Myron & Sonya Sholem, in memory of Harry Siegal, in memory of Carly Gottshalk and in memory of Lois Mechklenburger
- Lynn & Ira Wachtel, in memory of Vera Korry

KITCHEN/ONEG FUND

Mark Althouse & Anna Mehl Hilda Banks Linda Bauer Carl & Carol Belber Gary & Tonya Bernstein Laura & Anthony Bleill Brian & Terre Braun David & Sadie Braun Edward & Elaine Bruner Richard Cooke Ron & Leanna Cossman Bill & Reva Egherman Ben & Shari Fox Natalie Frankenberg Joan Friedman & Charles Blair Sheryl Goldberg Nigel Goldenfeld & Joan Campagnolo Sanford & Elizabeth Hess Ted Hymowitz Richard & Judith Kaplan Debra Karplus Paula Kaufman Wynne Korr Charles & Joan Kozoll Judy Lachman Lilvan Levant Yoram & Carol Mizrahi Greg Muchnik & April Keaton Randall & Jill Rosenbaum Richard & Jacqueline Ross Mark & Ann Sapoznik Alexander Scheeline & Alice Berkson David & Jan Sholem Art & Marcia Siegel Judith Siess & Stephen Bremseth Stacy & Jason Trager Barry & Linda Weiner Elizabeth Weiss

RABBI'S DISCRETIONARY FUND

Arielle & Russell Weinstein, with appreciation to Rabbi Cook for leading morning services

SECURITY FUND

Mark Althouse & Anna Mehl Hilda Banks Linda Bauer Carl & Carol Belber Astrid & Earl Berkson Gary & Tonya Bernstein Laura & Anthony Bleill Brian & Terre Braun David & Sadie Braun Edward & Elaine Bruner Dov Cohen & Andrea Aguiar Bill & Reva Egherman Robert Ferrer Matthew & Eleanor Finkin Ben & Shari Fox Natalie Frankenberg Joan Friedman & Charles Blair Minna Friedman Robin & Bruce Goettel Sheryl Goldberg Nigel Goldenfeld & Joan Campagnolo Sanford & Elizabeth Hess Ted Hymowitz Hagit Itzkowitz Richard & Judith Kaplan Debra Karplus Paula Kaufman Jessica & Daniel Kopolow Wynne Korr Charles & Joan Kozoll Judy Lachman Lily an Levant Andrew & Lisa Libman David & Theresa Meyer Yoram & Carol Mizrahi Greg Muchnik & April Keaton Karen & Geoffrey Ray Rachel & Sandi Roegman Randall & Jill Rosenbaum Richard & Jacqueline Ross Mark & Ann Sapoznik Alexander Scheeline & Alice Berkson David & Jan Sholem Art & Marcia Siegel Judith Siess & Stephen Bremseth William & Fran Strauss Stacy & Jason Trager Barry & Linda Weiner Elizabeth Weiss Ruth Youngerman William Youngerman

YESOD L'ATID RENOVATION FUND

Bill & Reva Egherman, in memory of Mira Hamburg Natalie Frankenberg, in memory of Mira Hamburg

Memorials for August

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Ruth Berkman (22 Av) Goldie Burack (11 Aug) Percida DelCarmen Chandia (12 Aug) Gilbert Corman (14 Aug) Jeanette Leavitt Davis (10 Aug) Janet C. Dolgin (12 Aug) Laura Eisenstein (14 Aug) Joseph Farag (14 Aug) Simeon Grinshtein (11 Aug) Dvorah Leah Hamburg (12 Aug) Harry J. Harrison (21 Av) Solomon Alexander Klein (8 Aug) Minnie Lachman (14 Aug) Minnie Lachman (14 Aug) Harry C. Loeb (9 Aug) Arnold L. Miller (8 Aug) Herman Pincus (11 Aug) Madelaine Reiss (19 Av) Gordon Savran (24 Av) Ray Spooner (8 Aug) Warren Stone (12 Aug) William Taylor (8 Aug) Bernice Weinstein (13 Aug) Byron Weisbaum (11 Aug)

Friday, August 14	Sim N Avner (18 Aug) Mollie G. Berg (21 Aug) Dena Braunstein Brandman (15 Aug) Dora Egherman (1 Elu) Bob Irwin Eisenstein (17 Aug) William Kent Gillies (21 Aug) Morris Klein (20 Aug) Irwin Raphael Konigsberg (26 Av) Shmariahl Kopelevitch (1 Elu) Helen Levin (19 Aug)	Henny Lewin (17 Aug) Murray London (17 Aug) Hyman Marco (17 Aug) Paul Hyman Meyer (20 Aug) Maurice Robert Morton (21 Aug) Charlotte Rutmann Rendelman (20 Aug) Fannie Sudman (18 Aug) Michael Tepper (19 Aug) Abe Weinberg (29 Av) Isaac Zveitel (21 Aug)	
Friday, August 21	Mary Adleman (26 Aug) Simon Aprill (24 Aug) Lisa Anne Busjahn (25 Aug) Norma Florine Deckard (24 Aug) William Wiley Deckard (26 Aug) Howard Ducoff (28 Aug) Anne L. Flagg (28 Aug) Sandra Mae Fromm (25 Aug) Louis Gordon (23 Aug) Anna Greenstein (25 Aug) Florence Ethel Klein (22 Aug)	Samuel Klein (22 Aug) Ida Borowsky Klorfine (22 Aug) Fannie Tepper Kohn (26 Aug) Raphael Lemkin (28 Aug) Ezra Levin (2 Elu) Anne Linsider Melhado (7 Elu) Estelle Nelson (28 Aug) Bernard Pass (22 Aug) Abe L. Selicovitz (27 Aug) Melvin Sherman (27 Aug) Benjamin Telcser (7 Elu)	Haviva Yairi (23 Aug) Gertrude Rothberg Zveitel (22 Aug)
August 28	Henrietta F. Alpiner (29 Aug) Harold Black (15 Elu) Lester Burack (3 Sep) Beatrice Cossman (3 Sep) Loretta Dessen (4 Sep) Edwin L. Freudenstein (31 Aug)	Minnie Levin (3 Sep) Sadye Zimmerman Marco (4 Sep) Jennie Z. Mashkes (4 Sep) Malcom McKenzie McClure (30 Aug) Albert E. Rigberg (2 Sep) Arthur David Savran (14 Elu)	Max Tepper (31 Aug) Mildred Topolosky (2 Sep)

Milton Shapiro (11 Elu)

William Sholem (4 Sep)

Alpiner L. Stern (3 Sep)

Yetta Silver (3 Sep) Minnie Sosnoff (2 Sep)

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Friday,

Joseph Freudenstein (4 Sep)

Diane Kaufman (31 Aug)

Samuel Kranson (30 Aug)

Jacob Kurland (30 Aug)

Florence Nagel Howard (2 Sep)