

# February 2025

# Bulletin



Rabbi Alan Cook  
Rabbi Emeritus Norman Klein  
Rabbi Emeritus Isaac Neuman Z"l

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Dear friends,

You may have noticed that we did not publish our monthly newsletter in December and an abbreviated newsletter in January. We are currently undergoing a redesign process to ensure we are communicating Temple news to you in an engaging and informative manner. Starting in 2025, we will publish a print edition of our newsletter four times a year, approximately on a quarterly basis. We will still communicate timely information in our weekly email newsletters.

In the meantime, this abbreviated edition lists recent and upcoming Yahrzeits, and the generous contributions made to Sinai Temple from December 16 to January 15, 2025.

We appreciate your patience as we continue to evolve our communications.

## SCHEDULE OF SERVICES

### FRIDAY, JANUARY 31

7:30 PM Erev Shabbat Service

### SATURDAY, FEBRUARY 1

10:00 AM Egalitarian Traditional Minyan Service

### FRIDAY, FEBRUARY 7

5:30 PM Erev Shabbat Service, Shabbat Shira, and  
First Friday Dinner

### FRIDAY, FEBRUARY 14

7:30 PM Erev Shabbat Service

### SATURDAY, FEBRUARY 15

10:00 AM Egalitarian Traditional Minyan Service

### FRIDAY, FEBRUARY 21

5:30 pm Shabbat Rocks!  
7:30 pm Erev Shabbat Service

### FRIDAY, FEBRUARY 28

7:30 PM Erev Shabbat Service

### SATURDAY, MARCH 1

10:00 AM Egalitarian Traditional Minyan Service

Since the COVID-19 quarantine, we have broadcast most Shabbat evening services taking place in the sanctuary via Zoom. Please note that starting in January 2025, we will be discontinuing our Zoom link for these services. Services taking place in the sanctuary may still be accessed through our YouTube Channel:

<https://www.youtube.com/@sinaitemplecu>

# From Rabbi Alan Cook's Desk



As I write this, I can still see piles of snow blanketing the grass, remnants of the storm that visited CU during the first weekend of January. With that view, it seems a bit odd to be thinking ahead to the forthcoming holiday of Tu B'Shvat, the "New Year of the Trees," which falls on February 12-13 this year.

I think Tu B'Shvat is a fabulous holiday—not just because there's little for a rabbi to worry about liturgically in observance of the day. It teaches us important lessons about our responsibility in the stewardship of this planet.

Tu B'Shvat falls on the fifteenth day of the Hebrew month of Shevat. The holiday gets its name from the fact that the Hebrew letter tet stands for nine, the Hebrew letter vav stands for six, and  $9+6=15$ . (Yes,  $10+5$  also equals 15, but that would mean combining yud and hey, which spells one of the names of God, so the ancient calendar-makers opted for nine plus six instead)

The Talmud delineates four times during the year when we celebrate New Years. We are familiar with Rosh Hashanah on the first of Tishrei, but the first of Nisan is designated as the New Year for counting royal reigns, and the first of Elul is assigned as the New Year for animal tithes in the Temple (we can see why these have fallen out of contemporary usage). Tu B'Shvat is the New Year for trees (originally for tithed produce; nowadays as a time of environmental awareness). Though the streets and sidewalks of East Central Illinois may still be covered with snow and frost, in Israel the almond trees are beginning to blossom, bringing the promise that springtime and its rebirth will once again arrive.

But we know that these cycles do not take place without human intervention. It is up to us to care for the earth and ensure that future generations enjoy bounteous plants, fresh water, and clean air just as we have. A character named Honi in the Talmud teaches that, "Just as my ancestors planted for me, so I must plant for those who will come after me."

We can be proud of the steps that Sinai Temple has taken, thanks in large part to the guidance of Alice Berkson and our Green Team, to heed this lesson. We are thrilled by the tremendous congregational support for our solar project, which is now up and running. We also appreciate the tips that the team regularly provides us to guide us toward responsible environmental practices. On this Tu B'Shvat, let us rededicate ourselves to caring for our precious planet so that she may continue to prosper.

L'Shalom,

Rabbi Alan

# *From President Lil Levant*

Dear Temple Family,

We are undoubtedly living in challenging times, where change seems to come at us faster than we can fully process it. These times test our patience, our faith, and our unity. But one thing that fills me with pride is the incredible diversity of thought and perspective within our congregation. We speak our minds, and we often have very differing opinions.

Among us, we may find a variety of feelings about the recent elections in our country, and a mixture of emotions about what the next four years may bring. Our reactions to the ongoing conflict in Israel and Gaza are similarly multifaceted. The point is that most of us hold views that are nuanced, that shift and evolve from day to day on these complex issues.

I want to remind us all of something very important: what matters most is not where we stand politically or what we may feel about the world's direction. What truly matters is how we stand together, how we show up for each other, and how we choose to support one another through all the turbulence.

We are here to nurture one another's wellbeing, to listen, to offer empathy, and to build each other up in our shared faith. I ask only one thing: that you show up. It is not your opinions or beliefs that define you in this community; it is your actions, your commitment, and your heart.

Let us continue to build a community based on mutual respect, care, and understanding. As your president, I am proud to be part of this incredible family, and I am committed to showing up for all of you. I ask you to do the same for one another.

On another topic, Rabbi Alan, Rabbi Jody, Gary Bernstein and I have been working, with the support of our Board of Trustees, to find ways to add value and distinctive perks for our members. As part of this effort, we are working on a communications strategy that will help to better communicate the Temple's wide range of offerings more effectively.

As you may know, we are in the process of reconfiguring our Bulletin. We plan to mail out a quarterly Bulletin to our members to replace the monthly electronic version. Our goal is to develop more interesting content that may include such features as a Calendar of Events (or Save-The-Date), profiles of board members and/or congregants and an overall retooling of the look and feel of the bulletin. This may take some time, but we hope to launch the first edition around the first of April. In the meantime, we will continue to rely on electronic communications and an abbreviated electronic bulletin in the interim.

Take good care of yourselves,

Lil

# Board Minutes Summary—January

## Sinai Temple Board of Trustees Summary Minutes for Monthly Bulletin January 13, 2025

Attendance: Justin Aronoff, Andy Bernstein, Sam Bernstein, Sarah Bleill, Rabbi Alan Cook (ex-officio), Rabbi Jody Cook (ex-officio), Shari Fox, Lil Levant, Mariel Middlebrook, Michael Parrish, Amy Roady, Bob Smith, Stacy Trager.

Staff: Gary Bernstein

Absent: Richard Akresh, Ben LeRoy, Julia Rietz, Audrey Thompson.

Lil Levant called the meeting to order at 7:00.

- Rabbi Alan spoke about the unfolding tragedies associated with the fires in Southern California and connected it with the week's Torah portion. He reminded the Board of the upcoming Martin Luther King Day program at which he will give the invocation. Sinai Temple congregants have contributed approximately \$3,600 to the MLK Scholarship Fund. He also informed the board of other upcoming events and a professional facilitator for future Conversations at Sinai.
- Minutes of the Board's December meeting were approved unanimously with two abstentions.
- Lil provided an overview of the purpose and composition of the Nominating Committee and proposed a slate of members: Sam Bernstein (chair), Laura Bleill, Wynne Korr, Ben LeRoy, Michael Parrish, Rae Spooner, and Kirstin Wilcox. The Board unanimously approved the slate.
- Lil presented a proposal to implement an affiliation program with Sinai Temple for U of I students through Hillel. A goal is for Jewish college students to have a positive experience with a temple, thereby encouraging their future membership with temples in their future communities. Shari moved to adopt the proposal as written; Stacy seconded. The motion passed unanimously.
- Rabbi Jody reported on the Religious School Winter Camp program in collaboration with PJ Library with 13 participants over the course of the camp, the New Year's Day Game Day with 61 attendees and 5 puzzle competition teams, and the annual ice-skating event.
- Stacy reported on the work of the Membership Committee. Their primary goal currently is the establishment of an overall membership policy (dues pledges and payments, membership considerations, costs for events, etc.). This policy is to be a living document that is consistent in implementation. They also discussed membership recruitment at well-attended events.
- As his administrator's report, Gary provided a demonstration of a cloud-based system for record retention and board sharing and reported on other operational projects.
- Sam provided the treasurer's report, highlighting key elements of the operating statement. Dues revenue picked up in December, which has improved the temple's overall bottom line. He and Amy reviewed the budgeting process for FY2026 and a timeline in preparation for the congregation's annual meeting in May.
- Art provided written reports as financial secretary and shared that there are 43 "member" families that have not paid dues at all in FY2022 through FY2025 to-date. Calendar year 2024 contribution statements will go out to members soon as information for tax return preparation.
- Art reported on upcoming building maintenance projects and financial aspects of the solar energy project.

Lil adjourned the meeting at 8:32.

# Green Team and Events

## GREEN TEAM TIP

Many folks turn their attention to improving their diet and exercise early in the calendar year. It's a great time to think about adding more fish to our diet. Eating fish can be beneficial to our personal health as well as reducing dependence on resources that go into producing meat and dairy products.

The Monterey Bay Aquarium website and guide for consumers has excellent specific information about types of fish that are both healthy and environmentally friendly. You can read about the Super Green List of Seafood no-brainers at <https://www.seafoodwatch.org>, which details varieties of sustainable fish like rainbow trout and albacore tuna, which are readily available locally.



Take a few minutes to read about the types of fish and why the location and method of harvesting matters a great deal in maintaining a healthy and sustainable supply. For instance, some types of albacore tuna are recommended, while others are to be avoided.

You can check on specific fish when you're shopping through their website, or you can download a Seafood Guide that is specific to the central United States. It folds into a pocket or purse size so you can consult it any time.

Also, remember our friends at Koss Family Farms <https://www.kountry-fresh.com/about> who have delicious locally produced tilapia!



## Visiting Scholar Rabbi Dalia Marx, PhD

On **Sunday, February 2, at 7 PM**, we are thrilled to welcome Rabbi Dalia Marx, PhD. Rabbi Marx is the author and editor of several books and scholarly articles, including her most recent, *From Time to Time: Journeys in the Jewish Calendar*. She will speak on "**The Secrets of Jewish Time: Celebrating the New Year of the Trees.**" There is no charge for the program, but we do ask that you RSVP by to help us ensure sufficient seating at <https://sinaitemplecu.org/RabbiDaliaMarx-2025>.

If you'd like to order your own copy of Rabbi Marx's book, you may do so through the CCAR Press at: [https://www.ccarpress.org/shopping\\_product\\_detail.asp?pid=50602](https://www.ccarpress.org/shopping_product_detail.asp?pid=50602). Order before February 10, and use code **ST20** to receive 20% off your order.

Rabbi Dalia Marx, Ph.D., is the Rabbi Aaron D. Panken Professor of Liturgy and Midrash at HUC-JIR's Taube Family Campus in Jerusalem, and teaches in various academic institutions in Israel and Europe. She is highly sought after as a teacher and guest lecturer, and we are honored to have the opportunity to learn from her at Sinai Temple.

Rabbi Marx, a tenth generation Jerusalemite, earned her doctorate at the Hebrew University and her rabbinic ordination at HUC-JIR in Jerusalem and Cincinnati in 2002. She is involved in various research projects and is active in promoting liberal Judaism in Israel. Marx writes for academic and popular journals and publications.

Rabbi Marx is the lead editor of the Israeli Reform siddur, *Tfillat HaAdam* (2020).

Rabbi Marx lives in Jerusalem with her husband, Roly Zyblersztein, Ph.D. They have three children.

We gratefully acknowledge generous funding assistance for this program from the Marvin and Esther Steinberg Scholar-in-Residence Fund of the Champaign-Urbana Jewish Endowment Foundation.

# Sinai Temple Donations

## Temple Donations December 16, 2024, to January 15, 2025

### **BUILDING FUND**

Frank Adleman  
Allen Avner  
Judy Bach  
Howard Berenbaum & Megan  
McLaughlin  
Brenda Berg  
Peter & Judy Braunfeld  
Dov Cohen & Andrea Aguiar  
Stephen Downie & Deborah Katz-Downie  
Ann Einhorn  
Tamra Gingold  
Achsah Guibbory  
Joanna Kling  
Rudi & Judi Laufhutte  
Scott Lerner  
Robert & Sondra Libman  
Robert Manaster  
Michael Parrish  
Richard & Jacqueline Ross  
Karen Rudolph & David Donnini  
Susan & Paul Schomer  
Glen & Lisa Schwartzberg  
Kenneth Stolarsky & Andrea Beller  
Bette & John van Es  
Paul & Linda Weichsel

### **FRIENDS OF RELIGIOUS SCHOOL**

Susan & Paul Schomer

### **MARCO FUND (HOLOCAUST EDUCATION)**

Shirley Marco Kulwin  
Leslie Gould

### **GENERAL FUND**

Scott Birnbaum  
Annette & John Buckmaster in Memory  
of Ralph Weinstein  
Ann Einhorn in Memory of Diana Lenik  
Joyce Eisenstein in Honor of Wynne  
Korr's birthday  
Lisa & Lee Greenstein in Memory of Ori  
& Helen Greenstein  
Alayna Hirsch & Tessi Taylor  
Anita Hocherger  
Paula Kaufman  
Rabbi Norman & Dr. Andrea Klein  
Lilyan Levant in Honor of Wynne Korr's  
birthday

Stanley & Joan Levy in Memory of  
Florence K. Weinberg and Viola  
Koenigsberg  
Rabbi Gabe Miner & Rachelle Grossman  
Michael Vodkin in Memory of Linda  
Vodkin  
Ira & Lynn Wachtel in Honor of Wynne  
Korr's birthday  
Ira & Lynn Wachtel in Memory of Leo  
Weisel

### **KITCHEN FUND**

Frank Adleman  
Allen Avner  
Judy Bach  
Howard Berenbaum & Megan  
McLaughlin  
Brenda Berg  
Peter & Judy Braunfeld  
Stephen Downie & Deborah Katz-Downie  
Ann Einhorn  
Joanna Kling  
Rudi & Judi Laufhutte  
Robert & Sondra Libman  
Robert Manaster  
Rabbi Gabe Miner & Rachelle Grossman  
Karen Rudolph & David Donnini  
Susan & Paul Schomer  
Glen & Lisa Schwartzberg  
Kenneth Stolarsky & Andrea Beller  
Bette & John van Es  
Paul & Linda Weichsel

### **MLK SCHOLARSHIP FUND**

Mary Alexander  
Mildred Barnett & Sarah Barnett Nemeth  
Edward & Rachel Brandt  
Annette & John Buckmaster  
Jennie France & Charles Kahn  
Natalie Frankenberg  
William & Phyllis Gingold  
Barbara & Larry Gordon  
Frances & Mitchell Harris  
Anita Hocherger  
Ellen Jacobsen-Isserman  
Michael Jay  
Kurt Lenschow  
Faye Lesht  
Lilyan Levant  
Michelle Perry

Alison Rosenblum & Yonatan Kahn  
Steven & Eva Scher  
Susan & Paul Schomer  
Glen & Lisa Schwartzberg  
Bette & John van Es  
Arthur & Charlotte Westle  
Steven Zimmerman & Sharon Shavitt

### **RABBI'S DISCRETIONARY FUND**

Carl & Carol Belber in Memory of Susie  
Cook  
Andrew & Tamarra Bernstein in Memory  
of Rosalyne Spindel Bernstein  
Eileen & William Kohen in Memory of  
Susie Cook  
Bernice Lieberman in Memory of Susie  
Cook

### **SAFETY AND SECURITY FUND**

Frank Adleman  
Allen Avner  
Judy Bach  
Howard Berenbaum & Megan  
McLaughlin  
Brenda Berg  
Peter & Judy Braunfeld  
Dov Cohen & Andrea Aguiar  
Stephen Downie & Deborah Katz-Downie  
Ann Einhorn  
Tamra Gingold  
Achsah Guibbory  
Joanna Kling  
Rudi & Judi Laufhutte  
Scott Lerner  
Robert & Sondra Libman  
Robert Manaster  
Michael Parrish  
Richard & Jacqueline Ross  
Karen Rudolph & David Donnini  
Susan & Paul Schomer  
Glen & Lisa Schwartzberg  
Kenneth Stolarsky & Andrea Beller  
Bette & John van Es  
Paul & Linda Weichsel

### **SOCIAL ACTION FUND**

Larry Adelston & Katherine Coyle in  
Memory of Vivian Adelston

# Sinai Temple Memorials for February 2025

**Friday, Feb. 7**

Marilyn E. Adleman (12 Feb)  
 Ella Marmor Adler (10 Feb)  
 Allen Bach (12 Feb)  
 Frances Aub Bloomfield (08 Feb)  
 Eva Blum (14 Feb)  
 Lawrence Chonoles (08 Feb)  
 Abram Dankowicz (09 Feb)  
 Harry Danowitz (13 Feb)  
 Kenneth deFreese (09 Feb)  
 Laura Dubin (09 Feb)  
 Joshua Eisenstein (12 Feb)  
 Lena Garber (08 Feb)  
 Samuel Garber (12 Feb)  
 David Gingold (12 Feb)  
 Martin Glezer (11 Feb)  
 Harriett Gore (14 Feb)  
 Betty Barker Greenstein (14 Feb)

Yefim Grinberg (11 Feb)  
 Florence Dorothy Hamburg (12 Feb)  
 Michael Herman (10 Feb)  
 Boris Isaac Katz (10 Feb)  
 Jacob M. Kaufman (10 Feb)  
 Alvin Keller (11 Feb)  
 William Kugell (10 Feb)  
 Rose Adler Kuhn (14 Feb)  
 Charles A. Kulwin (11 Feb)  
 Michael Langendorf (08 Feb)  
 Evelyn Marks (12 Feb)  
 Juliana Wertheimer Neuwirth (11 Feb)  
 Lena Novack (11 Feb)  
 Tony Novak (08 Feb)  
 Alice Ore (08 Feb)  
 Gerald William Pafford (13 Feb)  
 Ann Brodsky Pass (08 Feb)

Isadore William Pearlman (14 Feb)  
 Channa Reizman (10 Feb)  
 Lionel "Rick" Romero (11 Feb)  
 Frances Rosenberg (08 Feb)  
 Faye Roth (08 Feb)  
 David Rutenberg (08 Feb)  
 Bernice E. Schwartz (09 Feb)  
 Jacob Schwartz (14 Feb)  
 Harriet Sherman (14 Feb)  
 Julian Simon (08 Feb)  
 Anna Stolkin (08 Feb)  
 Edward S. Talley (12 Feb)  
 Cornelia Elisabeth van Es-Van Riet (13 Feb)  
 Howard E. Zimmerman (12 Feb)

**Friday, Feb. 14**

Yoseph Banai (20 Feb)  
 Leon Bankier (21 Feb)  
 Nora Beloff (21 Feb)  
 Milton Derber (19 Feb)  
 Ronald Eugene Dolgin (18 Feb)  
 Hyman Ginsberg (17 Feb)  
 Morris Gordon (16 Feb)  
 Robert Graff (18 Feb)  
 Rose Goldstein Haff (17 Feb)  
 Abetta "Abby" L. Helman (22 Feb)  
 Marcus Maxwell Joffe (18 Feb)

Ann Kapulskey (20 Feb)  
 Edward P. Katz (20 Feb)  
 Barbara Klein (17 Feb)  
 Rossie Kohen (21 Feb)  
 Alice Kushner (20 Feb)  
 Natan Kuznetsov (15 Feb)  
 Edith Levy (19 Feb)  
 Norma Lewis (20 Feb)  
 Esther Liebersohn (15 Feb)  
 Dorothy L. Linowes (21 Feb)  
 Ruth Morton Lynx (21 Feb)

Jenny Mandel (21 Feb)  
 Marian Brenner Matzkin (16 Feb)  
 Rebecca Rous (20 Feb)  
 Maurice Silver (20 Feb)  
 Dora Banks Simon (17 Feb)  
 Martin Spatt (17 Feb)  
 Lillian Spivak (21 Feb)  
 Sylvia G. Stolurow (19 Feb)  
 Anna Tepper (21 Feb)  
 Abraham David White (18 Feb)

**Friday, Feb. 21**

Malka Debra Agran (23 Feb)  
 Maybelle Alston (24 Feb)  
 Mildred Brusiloff Appel (23 Feb)  
 Beverly Rosenfeld Cohen (28 Feb)  
 Sidney R. Cooperband (27 Feb)  
 Morris Davis (25 Feb)  
 Adam Ira Feinberg (28 Feb)  
 Hannah Freudenstein (23 Feb)  
 Dr. Leon Gilman (22 Feb)  
 Audrey Goldstein (26 Feb)  
 Rita Mae Goodman (28 Feb)  
 William Greenberg (24 Feb)  
 Orville S. Kahn (27 Feb)  
 Joan Wendy Karp (25 Feb)

Howard King (24 Feb)  
 Daniel Klaiman (22 Feb)  
 Ursula Rothfels Konigsberg (27 Feb)  
 Lloyd Kraus (26 Feb)  
 Rose Kuznetsov (23 Feb)  
 Malcolm Lachman (25 Feb)  
 David Markoff (27 Feb)  
 Leo I. Nagel (22 Feb)  
 Vera Negruta (27 Feb)  
 Ralph Newman (24 Feb)  
 Shirley S. Porton (29 Feb)  
 Harry Rosenberg (24 Feb)  
 Dorothy Rosenstein (26 Feb)  
 Aron Rosenstein (28 Feb)

Robert M. Rothbaum (28 Feb)  
 Frieda Rothfuss (25 Feb)  
 Samuel Small (30 Feb)  
 Daniel L. Smith (26 Feb)  
 Alex Sorkin (26 Feb)  
 Stephen Nathaniel Tager (25 Feb)  
 Edward Tartakovsky (27 Feb)  
 Fay Tepper (26 Feb)  
 Judy Green Tupac (26 Feb)  
 Louis Vineberg (26 Feb)  
 Florence Ethel Viscomi (29 Feb)  
 Arthur Winakor (25 Feb)  
 Edith Zecher (24 Feb)

**Friday, Feb. 28**

Sakip Altay (04 Mar)  
 Hyman Joseph Berenbaum (01 Mar)  
 Mack Bernard Braun (06 Mar)  
 David S. Choldin (06 Mar)  
 Irving Cohen (03 Mar)  
 Lillian Rutenberg Cohn (01 Mar)  
 Marion Davidson (02 Mar)  
 Oscar Einhorn (02 Mar)  
 Irving Eisenstein (07 Mar)  
 Arthur Fagan (07 Mar)  
 Seymour Garber (06 Mar)  
 Lillian J. Gross (02 Mar)

William R. Hohmann (04 Mar)  
 Dr. Harry Israel Janoff (03 Mar)  
 Bernard Karsh (07 Mar)  
 William Klaiman (06 Mar)  
 Arthur Lewis (06 Mar)  
 Clarence Libman (02 Mar)  
 Jack Marco (04 Mar)  
 Stephanie Siegel Morgan (01 Mar)  
 Nissim "Isadoro" Morhaim (06 Mar)  
 Walter Morris (01 Mar)  
 Fruma Movshevna Movshovich (01 Mar)  
 Abraham M. Reider (06 Mar)

Carolyn Caine Riggins (05 Mar)  
 Gershon Rosenstock (01 Mar)  
 Samuel Rosenthal (03 Mar)  
 David Seitzman (07 Mar)  
 Mortimer B. Sitron (02 Mar)  
 Joseph Solon (02 Mar)  
 David Tepper (29 Feb)  
 Frances Tinkle (06 Mar)  
 Ruth Marieke van Es (06 Mar)  
 Jerome S. Wachtel (02 Mar)  
 Rosalie Willis (03 Mar)  
 Colonel Uzi Yairi (06 Mar)

# Sinai Temple Announcements

## Sinai Temple Gift Shop

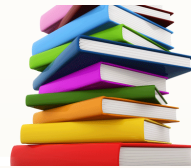
**\*All Gift Shop profits go to  
support the Religious School\***

The Gift Shop is now open by appointment &  
during Sinai Temple Religious School Hours!



Please contact **Jessica Kopolow** to set up an  
appointment. You can reach her by email at  
[jessicakopolow@yahoo.com](mailto:jessicakopolow@yahoo.com) or by phone at  
217-417-8699.

Cash or checks are always welcome. Credit cards  
accepted for charges over \$25. We accept Visa,  
MasterCard, American Express and Discover,  
using SQUARE.



## February Book Group

The Book Group meets the second Sunday of each  
month at 2:00 PM.

During February and March we will meet via  
Zoom.

**Sunday, February 9:  
Lady Tan's Circle of Women  
by Lisa See  
Facilitator: Susan Schomer**

To receive the Zoom link, please RSVP by  
Friday, February 7 to [nataliefr@comcast.net](mailto:nataliefr@comcast.net)

## Gentle Chair Yoga

**Tuesdays at 9:30 AM—ONLINE**

For those who would like to do chair yoga online with  
Robin Goettel while in your home, please contact her  
at [robinfans1@gmail.com](mailto:robinfans1@gmail.com).

## Host an Oneg!

"Oneg Shabbat" means "Enjoyment of Shabbat," and refers to the reception following services. Sinai Temple congregants are encouraged to help provide onegs, which may be as simple or as elaborate as you wish -- challah, cookies, cakes, fruit, cheese and crackers, or other treats give us a chance to enjoy a light snack following services and visit with friends.



To see the calendar and sign up for a date to provide an oneg:

<https://sinaitemplecu.org/OnegSignup>

or use your phone to scan the QR Code!



**Bulletin Submission:** The deadline for the **March Bulletin** is **February 10**. All submissions may be edited for length and content. Send **EMAIL submissions** to Gary Bernstein at [stoffice@sinaitemplecu.org](mailto:stoffice@sinaitemplecu.org)